

NS ZONE ATHLETICS - 2026 Order of Events

EVENT	TRACK EVENT	EVENT	FIELD EVENT	Discus
	<i>Approximately 9:15am</i>			*Please note there is only one discus cage
1 & 2	8-10 yrs Girls & Boys 1500m TIMED FINALS		<i>SESSION 1: Approx 9.30am – 10.30am</i>	<i>Approx Start 9:30am</i>
3 & 4	11 yr Girls & Boys 1500m	213-216	MC Shotput	101 - 8-10 yrs Girls Discus
5 & 6	12/13 yrs Girls & Boys 1500m	103	11 yr Girls Long Jump	
	<i>Approximately 9:45am</i>	104	11 yr Boys Long Jump	
7	8 yr Girls 100m TIMED HEATS	105	12/13 yrs Girls High Jump	
8	8 yr Boys 100m	106	12/13 yrs Boys High Jump	
9	9 yr Girls 100m			
10	9 yr Boys 100m			<i>Approx Start 10:15am</i>
11	10 yr Girls 100m			102 - 8-10 yrs Boys Discus
12	10 yr Boys 100m			
13	11 yr Girls 100m		<i>SESSION 2: Approx 10.30am – 11:30am</i>	
14	11 yr Boys 100m	217-220	MC Long Jump	
15	12 yr Girls 100m	107	8-10 yrs Girls High Jump	
16	12 yr Boys 100m	108	8-10 yrs Boys High Jump	
17	13yr Girls 100m	109	11 yr Girls Shot Put	
18	13yr Boys 100m	110	11 yr Boys Shot Put	<i>Approx Start 11:00am</i>
201-204	MC 100m			111 – 12/13yrs Girls Discus
	<i>Approximately 11:15am</i>			
19	8-10 yrs Girls 200m TIMED FINALS			
20	8-10 yrs Boys 200m		<i>SESSION 3: Approx 11.30am – 12.30pm</i>	
21	11 yr Girls 200m	113	8-10 yrs Girls Long Jump	221-224 MC Discus
22	11 yr Boys 200m	114	8-10 yrs Boys Long Jump	<i>Approx Start 11:45am</i>
23	12/13 yrs Girls 200m	115	11yr Girls High Jump	112 - 12/13 yrs Boys Discus
24	12/13 yrs Boys 200m	116	11yr Boys High Jump	
205-208	MC 200m	117	12/13 yrs Girls Shot Put	
	<i>Approximately 12:00pm</i>	118	12/13 yrs Boys Shot Put	
	100M FINALS			
	<i>Approximately 12:45pm</i>		<i>SESSION 4: Approx 12.30pm – 1:30pm</i>	<i>Approx Start 12:30pm</i>
25	8-10 yrs Girls 800m TIMED FINALS	119	8-10 yrs Girls Shot Put	121 - 11 yr Girls Discus
26	8-10 yrs Boys 800m	120	8-10 yrs Boys Shot Put	
27	11 yr Girls 800m	123	12/13 yrs Girls Long Jump	
28	11 yr Boys 800m	124	12/13 yrs Boys Long Jump	
29	12/13 yrs Girls 800m			
30	12/13yrs Boys 800m			<i>Approx Start 1:15pm</i>
209-212	MC 800m			122 – 11yr Boys Discus
	<i>Approximately 1:30pm</i>			
31	Jnr Relay TIMED FINALS			
32	Jnr Boys Relay			
33	Snr Girls Relay			
34	Snr Boys Relay			

The event times provided are approximations only and may vary due to unforeseen circumstances.
Parents should not take their child from the venue unless they have finished competing. Events will not be held open for students who are not present. ** If competitors have a clash of events they are to report to marshalling for their track event FIRST and then return to their field event as soon as possible following their track race. If time permits please register with your field event first.

