

DRAFT Order of Events – CENTRAL COAST ZONE ATHLETICS

MINGARA REGIONAL ATHLETICS CENTRE

FRIDAY 9TH AUGUST 2024

<u>EVENT</u>	<u>TRACK EVENT</u>	<u>EVENT</u>	<u>FIELD EVENT</u>
	<i>Approximately 9:15am</i>		
1	Jnr Girls 800m TIMED FINALS		
2	Jnr Boys 800m		
3	11 yr Girls 800m		
4	11 yr Boys 800m		<i>SESSION 1: Approx 9.30am – 10.30am</i>
5	12/13 yrs Girls 800m	101	Jnr Girls Discus
6	12/ 13yrs Boys 800m	102	Jnr Boys Discus
(201-204)	MC 800m	103	11 yr Girls Long Jump
	<i>Approximately 10:00am</i>	104	11 yr Boys Long Jump
7	8 yr Girls 100m TIMED HEATS	105	12/ 13 yrs Girls High Jump
8	8 yr Boys 100m	106	12/13 yrs Boys High Jump
9	9 yr Girls 100m	(213-216)	<i>MC Shotput (all age/gender)</i>
10	9 yr Boys 100m		
11	10 yr Girls 100m		<i>SESSION 2: Approx 10.30am – 11:30am</i>
12	10 yr Boys 100m	107	Jnr Girls High Jump
13	11 yr Girls 100m	108	Jnr Boys High Jump
14	11 yr Boys 100m	109	11 yr Girls Shot Put
15	12 yr Girls 100m	110	11 yr Boys Shot Put
16	12 yr Boys 100m	111	12/13yrs Girls Discus
17	13yr Girls 100m	112	12/13 yrs Boys Discus
18	13yr Boys 100m	(217-220)	<i>MC Long Jump (all age/gender)</i>
(205-208)	MC 100m		
	<i>Approximately 11:30am</i>		<i>SESSION 3: Approx 11.30am – 12.30pm</i>
19	Jnr Girls 200m TIMED FINALS	113	Jnr Girls Long Jump
20	Jnr Boys 200m	114	Jnr Boys Long Jump
21	11 yr Girls 200m	115	11yr Girls High Jump
22	11 yr Boys 200m	116	11yr Boys High Jump
23	12/13 yrs Girls 200m	117	12/13 yrs Girls Shot Put
24	12/13 yrs Boys 200m	118	12/13 yrs Boys Shot Put
(209-212)	MC 200m	(221-224)	<i>MC Discus (all age/gender)</i>
			<i>SESSION 4: Approx 12.30pm – 1:30pm</i>
	<i>Approximately 1:00pm</i>	119	Jnr Girls Shot Put
	100M FINALS	120	Jnr Boys Shot Put
	<i>Approximately 1:30pm</i>	121	11 yr Girls Discus
25	Jnr Boys Relay TIMED FINALS	122	11 yr Boys Discus
26	Jnr Girls Relay	123	12/ 13 yrs Girls Long Jump
27	Snr Boys Relay	124	12/ 13 yrs Boys Long Jump
28	Snr Girls Relay		
	<i>Approximately 2:00pm</i>		
*29	1500m <i>**time trial ONLY</i>		

The event times provided are approximations only and may vary due to unforeseen circumstances.

Parents should not take their child from the venue unless they have finished competing. Events will not be held open for students who are not present. ** If competitors have a clash of events they are to report to marshalling for their track event FIRST and

then return to their field event as soon as possible following their track race. If time permits please register with your field event first.