

NSWCCC SELECTION TRIALS - GIRLS
Monday 4th May & Tuesday 5th May

PROGRAM OF EVENTS



- **9.00 am:** All **GIRLS** must report for registration at the table near the clubrooms then directed to District Managers to collect a jersey and record numbers
- **9.30 am:** Welcome and introduction - Mr Rick Joyce (NSWCCC Convenor/Selector) and Chris Anschau (NSWCC Executive Committee)
- **10.00 am:** Players meet coaches.
- **10.30 am:** All teams will have warm ups.
- **11.00 am:** Game 1 begins

● **GIRLS Officials**

- James Sullivan - Coach/Selector
- Holly Wickham - Manager/Selector
- Rick Joyce - Selector
- Chris Anschau - Event Assistant

Team Managers/Selectors

Southern NSW (Pink) - Georgia Roberts	(Wollongong Diocese)
Riverina (Orange) - Emily Scammell	(Wagga Diocese)
Metro (Blue) - Josh Cutrupi	(SCS Diocese)
Northern NSW (Green) - Luke Le Page	(Broken Bay Diocese)

Janice Menzies (Medical Officer) will be present both days.

Important Player Information:

GIRLS have already been selected to represent their regions and have been assigned to one of the four District Managers. A football jersey will be provided for all students. Positions of players are based on information provided in your registration and players will be rotated amongst positions to optimize opportunities for selectors to see players in a variety of options.

Each team will play each other once and will then be ranked from 1 to 4. There will be two games on Monday and two games on Tuesday for a total of four games. The last game on Tuesday will be between the top two ranked teams and the next two ranked teams.

There will be either a 5 minute changeover between each game as indicated in the table below. This is because the NSWCCC 14's Boys AFL selection trials will be operating during the two days as well. Selectors will continually meet at the end of each 2 games and confer. When students are not playing they are expected to sit with their teammates to rest, recover and rehydrate. It would be useful, and encouraging, for the girls to watch the other Girls games and the Boys games as well.

A winning team will not be announced as this is a selection trial only, not a championship event.

Students who are selected in the NSWCCC team will progress to the NSW All Schools Carnival in Lavington (Albury) on Monday 1 and Tuesday 2 June, 2026.

TIME	DAY 1 - MONDAY	
8.15 am	Meet with the coaching staff and prepare for the first game including warm up.	
9.00 am	Game 1 - BOYS Riverina Blue v Southern NSW (20 minute halves - 5 minute break) DK/NL	5 minutes changeover
9.50 am	Game 2 - BOYS Northern NSW v Riverina Green (20 minute halves - 5 minute break) DD/TD	
10.00 am	Each GIRLS team meets with the coaching staff and prepares for the first game.	
11.00 am	Game 1 - GIRLS Riverina v Metro (20 minute halves - 5 minute break) ES/JC	5 minutes changeover
11.50 am	Game 2 - GIRLS Northern NSW v Southern NSW (20 minute halves - 5 minute break) LL/GR	5 minutes changeover
	There will not be a formalised lunch break due to breaks between games.	
12.40 pm	Game 3 - BOYS Riverina Blue v Northern NSW (20 minute halves - 5 minute break) DK/DD	5 minutes changeover
1.30 pm	Game 4 - BOYS Southern NSW v Riverina Green (20 minute halves - 5 minute break) NL/TD	5 minutes changeover
2.20 pm	Game 3 - GIRLS Riverina v Southern NSW (20 minute halves - 5 minute break) ES/GR	5 minutes changeover
3.10 pm	Game 4 - GIRLS Northern NSW v Metro (20 minute halves - 5 minute break) LL/JC	
4.00 pm	END OF DAY 1	

TIME	DAY 2 - TUESDAY	
7.45 am	Meet with the coaching staff and prepare for Game 5 and Game 6	
8.15 am	Game 5 - GIRLS Riverina v Northern NSW (20 minute halves - 5 minute break) ES/LL	5 minutes changeover
9.00 am	Game 6 - GIRLS Southern NSW v Metro (20 minute halves - 5 minute break) GR/JC	5 minutes changeover
9.30 am	Each BOYS team will do a 10 minute warm up and meet with coaching staff	
10.00 am	Game 5 - BOYS Riverina Blue v Riverina Green (20 minute halves - 5 minute break) DK/TD	5 minutes changeover
10.50 am	Game 6 - BOYS Northern NSW v Southern NSW (20 minute halves - 5 minute break) DD/NL	5 minutes changeover
	There will not be a formalised lunch break due to breaks between games.	
11.45 pm	Game 7 GIRLS (15 minute halves - 5 minute break)	5 minutes changeover
12.25 pm	Game 8 GIRLS (15 minute halves - 5 minute break)	5 minutes changeover
1.05 pm	Game 7 BOYS (15 minute halves - 5 minute break)	5 minutes changeover
1.45 pm	Game 8 BOYS (15 minute halves - 5 minute break)	
2.30pm	NSWCCC Boys and Girls team announcement - Rick, Ryan, James	
	NSW CCC team meeting Boys - Ryan, Matt, Dave Girls - James, Holly, Rick	
	Dismissal	

NSWCCC 14's Girls AFL Selection Trials 2026

RULES AND GUIDELINES

The selection trials will follow the guidelines as set by **SCHOOL SPORT AUSTRALIA**

We are aware that there are many variations in rules in many regions and associations in NSW. We hope this information will assist your daughter at the selection trials.

Game Time – 2 x 20 minute halves, no 'time on' unless there is a serious injury. The clock will not stop.

The Match Ball will be a Size 4 leather ball. If the surface is wet, then we will use a synthetic ball.

If a behind (point) is scored, then the player can run out of the goal square in any direction by an extra 10 metres to bring the ball back into play.

BOUNCING THE BALL: (or touch the ball on the ground like playing Touch or OzTag) unlimited bounces are permitted.

DISTANCE RUN: While a player in possession of the ball is moving, the player must bounce the ball within 15 metres, irrespective of whether that player is running in a straight line or otherwise.

KICKING OFF THE GROUND: is permitted (but not encouraged). A free kick will be given if a player tries to pick up the ball while another player is kicking the ball off the ground. This is referred to as Kicking in Danger.

BALL-UPS: A player contesting a ball-up may not grab the ball and play on. The player must knock, palm or punch the ball to a teammate or open ground. The player can regather the ball.

OUT OF BOUNDS: A free kick is awarded against the player who last kicked the ball. If there is doubt, or if the ball came off hands or body, the umpire shall call a throw-in (if boundary umpires are present) or ball-up 5 metres in from the boundary.

BUMPING: As per the Laws of Australian Football (AFL).

TACKLING: "The Wrap Around Tackle" A player in possession of the ball may be tackled by an opponent wrapping both arms around the area below the top of the shoulders and on/above the knees. The tackle may be from either side or from behind providing the tackle from behind does not thrust forward the player with the ball. The umpire will decide if a free kick is given or a ball up. A player in possession of the ball, when held by an opponent applying the wrap-around tackle, should be given a reasonable chance to dispose of the ball by kick or by handball, or by attempting to kick or handball, otherwise a free kick shall be awarded to the tackler for holding the ball.

The Field Umpire shall conduct a ball-up when the player with the ball has the ball held to the body by an opponent, unless the player has had a reasonable time to dispose of the ball prior to being tackled, in which case a free kick shall be awarded to the tackler for holding the ball. •

The Field Umpire shall allow play to continue if the ball is knocked out of a player's hands by an opponent.

A player not in possession of the ball, when held by an opponent, shall be awarded a Free Kick. No player shall be deliberately dumped / thrown to the ground by a tackle.

BARGING: No barging or chopping opponents is allowed. A free kick is awarded.

Fending off, with an open hand to the body (not above the shoulders or in the back), is allowed.

MARK: Any player catching a ball directly from the kick of another player, provided the ball has travelled at least 10 to 15 metres, shall be awarded a mark.

Lasso rule for Girls 14 Years & Under between the 50-meter arcs, any kicks (including soccering,) and handballs that go out of bounds without being touched by another player, will result in a "lasso" free kick at that spot, to the nearest opponent.

40 metre penalty for Girls 14 Years & Under

A 40 metre penalty will be awarded rather than the 50 metre penalty for the Girls 14 Years & Under competition.

The umpire(s) in charge of a match may order a player from the field for a period of fifteen (15) minutes of actual playing time by use of a yellow card for: verbal harassment; abusive language; other unseemly conduct detrimental to the game.

The player sent off may be replaced by an interchange player. When this occurs, the umpire must show the card to the Interchange bench and call time off. Time shall be signalled when the replacement player is in position.

The field umpire(s) may send off a player for the remainder of the match if, in his/her opinion, that player constitutes a menace to the physical well-being of other players. Such a player must be shown a red card, reported, and may be replaced by an interchange player.

Each team shall be entitled to use two (2) water carriers. Each water carrier must be clearly identified. We will provide students for these duties.

No parents/guardians/family or any other members of the public are allowed on the playing area at any time. This includes before games, half time or at the conclusion of games.

The coaches do not have much time to address the team.