

CCC 2013 - 13/09/2013

SOPAC

Results

Event 1 Boys 18-19 1500 Metre Run

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CCC: R 4:30.05 13/09/2013 Brad Gullick, Wollongong C

Name Age Team Finals

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Finals

1	Gullick, Brad	18	Wollongong C C C	4:30.05	New Record
2	Mooney, Brenton	18	M.C.S. C C C	4:30.25	
3	Coffee, Adam	18	Southern Sydney	4:42.15	
4	Smith, Josh	18	Parramatta C C C	5:00.32	
5	Strangon, Theoharis	18	C.B.S.A. C C C	5:02.00	
6	O'Brien, Rory	18	Broken Bay C C C	5:30.30	

Event 2 Girls 18-19 1500 Metre Run

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CCC: R 4:59.14 13/09/2013 Emma McKinney, C.G.S.S.S.A.

Name Age Team Finals

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Finals

1	McKinney, Emma	18	C.G.S.S.S.A. C C C	4:59.14	New Record
2	Halmy, Bethany	18	Broken Bay C C C	5:04.02	
3	Heiniger, Zoe	18	Lismore C C C	5:21.63	
4	Vernon, Jessica	18	Parramatta C C C	5:23.57	
5	Jack, Rachel	18	Wollongong C C C	5:27.70	

Event 3 Boys 17 Years 1500 Metre Run

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CCC: R 4:10.72 13/09/2013 Joshua Kentwell, Wollongong

Name Age Team Finals

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Finals

1	Kentwell, Joshua	17	Wollongong C C C	4:10.72	New Record
2	Tarrant, Luke	17	Lismore C C C	4:12.84	
3	Bumie, Lewis	17	M.C.S. C C C	4:21.96	
4	Connolly, Brandon	17	Bath Wil Forb C C C	4:33.63	
5	Collins, Daniel	17	Maitland New C C C	4:38.73	
6	Wignell, Perry	17	Canberra Goul C C C	4:54.60	

Event 4 Girls 17 Years 1500 Metre Run

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CCC: R 5:15.08 13/09/2013 Amelia Gorman, C.G.S.S.S.A.

Name Age Team Finals

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Finals

1	Gorman, Amelia	17	C.G.S.S.S.A. C C C	5:15.08	New Record
2	Doyle, Isabella	17	S.C.C. C.C.C.	5:30.93	
--	Cupitt, Arkie	17	Wollongong C C C		DNF
--	Vuckovic, Klara	17	Southern Sydney		DNF
--	Dedden, Claire	17	Maitland New C C C		DNF

CCC 2013 - 13/09/2013

SOPAC

Results

Event 5 Boys 16 Years 1500 Metre Run

CCC: R 4:08.19 2002				Brad Woods, Bath/Wil/Forb
Name	Age	Team		Finals
1 Cox, James	16	Broken Bay C C C		4:15.77
2 Thomson, Ben	16	Parramatta C C C		4:17.22
3 Breen, Nathan	16	Southern Sydney		4:22.82
4 White, Daniel	16	M.C.S. C C C		4:25.34
5 Harvey, Taylor	16	Wollongong C C C		4:29.20
6 Koko, Shouma	16	Bath Wil Forb C C C		4:31.45
7 Esposito, Max	16	C.B.S.A. C C C		4:34.73
8 Manfrin, Patrick	16	M.C.S. C C C		4:39.42
9 Lewis, Samuel	16	Lismore C C C		4:45.54
10 Molloy, Christopher	16	M.C.S. C C C		4:47.91
11 Dever, Luke	16	M.C.C. C C C		4:48.77

Event 6 Girls 16 Years 1500 Metre Run

CCC: R 4:32.70 2003				Brooke Simpson, Southern Sy
Name	Age	Team		Finals
1 Beck, Olivia	16	C.G.S.S.S.A. C C C		4:53.91
2 Maxwell, Sophie	16	Southern Sydney		4:55.92
3 Heeney, Sophie	16	Armidale C C C		4:56.68
4 Tozer, Abby	16	Wollongong C C C		4:59.19
5 Hollingsworth, Nikki	16	Maitland New C C C		5:19.91
6 Malone, Alyssa	16	Lismore C C C		5:29.71
7 Grady, Sienna	16	Parramatta C C C		5:46.13
8 Harris, Candice	16	Broken Bay C C C		5:50.79
9 Giddings, Ashleigh	16	Bath Wil Forb C C C		6:28.74

Event 7 Boys 15 Years 1500 Metre Run

CCC: R 4:10.93 14/09/2012				Josh Dever, S M C C
Name	Age	Team		Finals
1 Henderson, Liam	15	Wollongong C C C		4:21.69
2 Scammell, Jack	15	Wagga Wagga C C C		4:22.96
3 Forbes, Hayden	15	Broken Bay C C C		4:31.57
4 Moore, Dominic	15	Maitland New C C C		4:41.36
5 Driscoll, Thomas	15	M.C.S. C C C		4:44.66
6 De Luca, James	15	Wollongong C C C		4:47.28
7 Lewis, Harry	15	M.C.C. C C C		4:50.28
8 O'Keefe, Finn	15	Armidale C C C		4:54.16
9 Trappett, Nicholas	15	Bath Wil Forb C C C		4:58.18
10 Yerbury, Ryan	15	C.B.S.A. C C C		4:59.30

CCC 2013 - 13/09/2013

SOPAC

Results

Event 8 Girls 15 Years 1500 Metre Run

CCC: R 4:31.80 2002		Brooke Simpson, Southern Syd	
Name	Age	Team	Finals
1 Hopper, Emily	15	C.G.S.S.S.A. C C C	4:37.08
2 Harding, Amy	15	C.G.S.S.S.A. C C C	4:40.79
3 Harding, Lily	15	C.G.S.S.S.A. C C C	4:48.29
4 Slennett, EllyAnne	15	Broken Bay C C C	5:10.17
5 Rankin, Ashleigh	15	Southern Sydney	5:15.72
6 Lenehan, Marnie	15	Bath Wil Forb C C C	5:26.63
7 Simmons, Hannah	15	Maitland New C C C	5:35.20
8 Brogmus, Tara	15	Lismore C C C	5:36.36
9 Clisby, Melise	15	Parramatta C C C	5:37.27
10 Morrison, Evie	15	Wagga Wagga C C C	5:42.72
11 Powell, Kate	15	Wollongong C C C	5:54.82

Event 9 Boys 14 Years 1500 Metre Run

Name	Age	Team	Finals
1 Phillips, Josh	14	M.C.C. C C C	4:26.96
2 Beetson, Ryan	14	C.B.S.A. C C C	4:35.36
3 Tegg, Patrick	14	Southern Sydney	4:47.44
4 Muir, Tristan	14	Maitland New C C C	4:53.97
5 Davies, Alan	14	Parramatta C C C	4:56.32
6 Daintith, Jack	14	Bath Wil Forb C C C	5:03.22
7 Pedavoli, Anthony	14	M.C.S. C C C	5:04.69
8 Sperinck, Brock	14	M.C.S. C C C	5:05.83

Event 10 Girls 14 Years 1500 Metre Run

CCC: R 4:40.90 2001		Brooke Simpson, Southern Sy	
Name	Age	Team	Finals
1 Davies, Rose	14	Maitland New C C C	4:45.47
2 Feain-Ryan, Cara	14	Lismore C C C	4:48.22
3 Preeo, Hannah	14	Wollongong C C C	4:54.17
4 Skinner, Joanne	14	Wollongong C C C	5:02.98
5 Thompson, Ali	14	Parramatta C C C	5:04.72
6 Gallagher, Elly	14	Broken Bay C C C	5:12.07
7 Malcolm, Lilith	14	Lismore C C C	5:13.59
8 Kaine, Hannah	14	S.C.C. C.C.C.	5:14.09
9 Doherty, Eloise	14	C.G.S.S.S.A. C C C	5:15.32
10 Zanetta, Laura	14	Wagga Wagga C C C	5:58.25
11 Pierce, Britney	14	Southern Sydney	5:58.81
12 Lonergan, Francis	14	Canberra Goul C C C	5:59.25
13 Dickerson, Sophia	14	Bath Wil Forb C C C	6:06.01

CCC 2013 - 13/09/2013

SOPAC

Results

Event 11 Boys 13 Years 1500 Metre Run

CCC: R 4:31.00 2001 Jonathon Hill, Broken Bay				
Name	Age	Team		Finals
1 Doris, Jordan	13	Wollongong C C C		4:34.39
2 O'Connor, Joseph	13	Maitland New C C C		4:43.48
3 Flanagan, Connor	13	M.C.C. C C C		4:47.17
4 Breen, Christopher	13	Southern Sydney		4:52.46
5 Guy, Joshua	13	Lismore C C C		4:56.14
6 Bettingfield, Callum	13	Canberra Goul C C C		4:57.46
7 Sultana, Nicholas	13	M.C.S. C C C		5:03.91
8 Allen, Mason	13	Broken Bay C C C		5:06.78
9 McGrath, Lachlan	13	Parramatta C C C		5:07.66
10 Botes, Byron	13	Canberra Goul C C C		5:16.11
11 Montgomery, Paddy	13	Armidale C C C		5:18.30
12 Seitaridis, Aris	13	Wollongong C C C		5:20.15
13 Thompson, Samuel	13	Bath Wil Forb C C C		5:23.90

Event 12 Girls 13 Years 1500 Metre Run

CCC: R 4:50.90 14/09/2012 Rose Davies, S M A I				
Name	Age	Team		Finals
1 Yang, Leena	13	Parramatta C C C		4:54.34
2 Bain, Hannah	13	Maitland New C C C		5:01.26
3 Quoyale, Molly	13	C.G.S.S.S.A. C C C		5:01.97
4 Breslin, Nell	13	Broken Bay C C C		5:07.23
5 Bulloch, Chloe	13	Lismore C C C		5:26.08
6 Crapis, Carla	13	Wollongong C C C		5:30.01
7 Hosking, Katherine	13	Armidale C C C		5:34.21
8 Turner, Rhianna	13	Southern Sydney		5:38.90
9 Keenan, Bella	13	Bath Wil Forb C C C		5:53.11
10 Himmelberg, Millie	13	Wagga Wagga C C C		6:23.04
11 Healey, Lillie	13	Bath Wil Forb C C C		6:37.64

Event 13 Boys 12 Years 1500 Metre Run

CCC: R 4:29.11 1999 Jacob Henshall, Lismore				
Name	Age	Team		Finals
1 Van Huisstede, Reed	12	Maitland New C C C		5:06.53
2 Blake, Lachlan	12	Broken Bay C C C		5:09.35
3 Attard, Ryan	12	M.C.S. C C C		5:10.92
4 Grant, Hamish	12	Bath Wil Forb C C C		5:20.37
5 Fay, Thomas	12	M.C.C. C C C		5:21.30
6 Gair, William	12	Southern Sydney		5:21.64
7 Harris, Ethan	12	Parramatta C C C		5:28.86
8 Pilipovic, Filip	12	Wollongong C C C		5:29.62
9 Donje, Mana	12	C.B.S.A. C C C		5:35.86
10 Herring, Zach	12	Wagga Wagga C C C		5:44.92
11 Giles, Merrick	12	Lismore C C C		5:52.36

CCC 2013 - 13/09/2013

SOPAC

Results

Event 14 Girls 12 Years 1500 Metre Run

CCC: R 4:59.60 1997 Bryden Lenne, CGSSSA			
Name	Age	Team	Finals
1 Chinnock, Jessica	12	Wollongong C C C	5:28.53
2 Gallagher, Jemma	12	Broken Bay C C C	5:33.15
3 Tangohau, Karina	12	Southern Sydney	5:51.92
4 McMenamie, Grace	12	S.C.C. C.C.C.	6:01.02
5 Paskins, Kylie	12	Lismore C C C	6:02.63
6 Draper, India	12	Bath Wil Forb C C C	6:14.23
7 Gleeson, Hannah	12	Maitland New C C C	6:19.27
8 Dolly, Natalie	12	Parramatta C C C	6:20.60
9 Stuart, Tahlia	12	Armidale C C C	6:23.13
10 Acret, Lily	12	Lismore C C C	6:31.03
11 Armstrong, Sarah	12	Canberra Goul C C C	6:37.25

Event 15 Boys 18-19 110 Metre Hurdles

CCC: R 17.30 13/09/2013 Vincent Ines, M.C.C. C C C			
Name	Age	Team	Finals
1 Ines, Vincent	18	M.C.C. C C C	17.30 New Record

Event 16 Boys 17 Years 110 Metre Hurdles

CCC: R 15.36 13/09/2013 Rhys Stein, M.C.S. C C C			
Name	Age	Team	Finals
1 Stein, Rhys	17	M.C.S. C C C	15.36 New Record
2 Cashman, Liam	17	Southern Sydney	16.23

Event 17 Boys 16 Years 110 Metre Hurdles

CCC: R 15.40 1998 John Farrow, Broken Bay			
Name	Age	Team	Finals
1 Crowe, Matt	16	M.C.C. C C C	16.25
2 Henrico, Tristan	16	Parramatta C C C	16.68
3 Lentini, Andrew	16	Southern Sydney	17.50

Event 18 Boys 15 Years 100 Metre Hurdles

CCC: R 13.75 2006 Simon Campbell, Lismore			
Name	Age	Team	Finals
1 Lucas, Joshua	15	Southern Sydney	14.88
2 Wheatley, Joel	15	M.C.S. C C C	15.66
3 Howitt, Oliver	15	Broken Bay C C C	16.06
4 El-Zakhem, Elie	15	Parramatta C C C	16.51
5 Garcia, Jayden	15	M.C.C. C C C	16.52
6 Percival, William	15	Maitland New C C C	18.17

Event 19 Boys 14 Years 100 Metre Hurdles

CCC: R 14.27 2003 Leo Dulay, Parramatta			
Name	Age	Team	Finals
1 Skrivanic, Luke	14	M.C.S. C C C	15.44
2 Chung-Wright, Aethan	14	Lismore C C C	16.83
3 Mizzi, James	14	M.C.S. C C C	17.11
4 Bowen, Keeley	14	Broken Bay C C C	17.26

CCC 2013 - 13/09/2013**SOPAC****Results****Event 20 Girls 18-19 100 Metre Hurdles**

CCC: R 16.62 13/09/2013 Genevieve Cowie, Broken Bay C				
Name	Age	Team	Finals	
1 Cowie, Genevieve	18	Broken Bay C C C	16.62	New Record
2 Phillips, Kate	18	C.G.S.S.S.A. C C C	17.39	
3 Kirk, Brooke	18	Parramatta C C C	17.84	
4 Pershouse, Courtney	18	Wollongong C C C	22.02	

Event 21 Girls 17 Years 100 Metre Hurdles

CCC: R 16.93 13/09/2013 Rebecca Clark, Broken Bay C C				
Name	Age	Team	Finals	
1 Clark, Rebecca	17	Broken Bay C C C	16.93	New Record
2 Macrow-Cain, Alana	17	Lismore C C C	18.91	
3 Simmons, Lauren	17	C.G.S.S.S.A. C C C	21.15	

Event 22 Girls 16 Years 100 Metre Hurdles

CCC: R 14.52 16/09/2011 Melissa Farrington, S C G S				
Name	Age	Team	Finals	
1 O'Grady, Gabriella	16	C.G.S.S.S.A. C C C	15.36	
2 Fisher, Jacinta	16	C.G.S.S.S.A. C C C	16.38	
3 Takchi, Carla	16	Broken Bay C C C	17.09	
4 Newey, Lara	16	Parramatta C C C	18.63	
5 McCann, Brodie	16	Maitland New C C C	19.28	
6 Honeytsett, Samantha	16	S.C.C. C.C.C.	20.28	

Event 23 Girls 15 Years 90 Metre Hurdles

CCC: R 13.36 17/09/2010 Melissa Farrington, CGSSSA				
Name	Age	Team	Finals	
1 Brown, Karina	15	Broken Bay C C C	14.24	
2 Schnabel, Lyndal	15	Southern Sydney	14.51	
3 Burke, Ebony	15	Lismore C C C	16.04	
4 Harmon, Emily	15	C.G.S.S.S.A. C C C	16.61	
5 Missio, Emma-Jane	15	Parramatta C C C	16.62	
6 Twomey, Tannaya	15	Lismore C C C	16.67	

Event 24 Girls 14 Years 90 Metre Hurdles

CCC: R 13.26 18/09/2009 Melissa Farrington, CGSSSA				
Name	Age	Team	Finals	
1 Thurgate, Chloe	14	Wollongong C C C	14.42	
2 Loughrey, Chelsea	14	Parramatta C C C	14.96	
3 Duggan, Mia	14	C.G.S.S.S.A. C C C	15.24	
4 Calleia, Sherrie	14	Parramatta C C C	15.41	
5 Carley, Zoe	14	Broken Bay C C C	17.45	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 25 Boys 13 Years 90 Metre Hurdles

CCC: R 13.28 14/09/2012 Jarrod Twigg, S W O L

Name	Age	Team	Finals
1 Dive, Matthew	13	M.C.C. C C C	14.73
2 Hunt, Bradley	13	Lismore C C C	14.89
3 Alexopoulos, Peter	13	Broken Bay C C C	16.27
4 Heinecke, Brodie	13	Wollongong C C C	16.70
5 Prokopis, John	13	Southern Sydney	17.73
6 Marks, Jordan	13	Parramatta C C C	18.52

Event 26 Girls 13 Years 80 Metre Hurdles

CCC: R 13.03 17/09/2010 Susie Seitaridis, Wollongong

Name	Age	Team	Finals
1 Bissett, Shannyn	13	Broken Bay C C C	13.26
2 De Gruchy, Helena	13	Broken Bay C C C	13.88
3 Caspers, Holly	13	C.G.S.S.S.A. C C C	13.99
4 Banach, Jade	13	Southern Sydney	14.19
5 Ross, Deni	13	Parramatta C C C	14.37
6 Hoy, Jessica	13	Lismore C C C	15.13
7 Annis-Brown, Brie	13	Bath Wil Forb C C C	15.89

Event 27 Boys 12 Years 90 Metre Hurdles

CCC: R 14.35 13/09/2013 Lachlan Kenny, M.C.C. C C C

Name	Age	Team	Finals
1 Kenny, Lachlan	12	M.C.C. C C C	14.35Record
2 McIntrye, Lachlan	12	M.C.S. C C C	17.43
-- Hile, Brodie	12	Parramatta C C C	DQ IAAF 168.7

Event 28 Girls 12 Years 80 Metre Hurdles

CCC: R 13.57 16/09/2011 Chelsea Loughrey, S P A R

Name	Age	Team	Finals
1 Burke, Melinda	12	Lismore C C C	15.49
2 Kernic, Olivia	12	Broken Bay C C C	15.94
3 Jefferson, Meg	12	Parramatta C C C	16.81
4 Mavrelis, Grace	12	C.G.S.S.S.A. C C C	19.84

Event 29 Boys 18-19 200 Metre Sprint

CCC: R 22.17 13/09/2013 Jordan Barnes, Broken Bay C C C

Name	Age	Team	Finals	H#
1 Barnes, Jordan	18	Broken Bay C C C	22.17	1 New Record
2 Augey, Emerson	18	Maitland New C C C	23.24	1
3 Meaney, Jay	18	Lismore C C C	23.48	2
4 Dunn, James	18	M.C.S. C C C	24.00	2
5 Green-Irvine, Mitchell	18	Bath Wil Forb C C C	24.09	2
6 Carr, Thomas	18	Southern Sydney	24.49	2
7 Zacharopolous, George	18	C.B.S.A. C C C	24.65	1
8 McLaren, Kelly	18	C.B.S.A. C C C	24.88	2
9 Higgins, Thomas	18	Parramatta C C C	25.44	2
10 Satterthwaite, Tom	18	Bath Wil Forb C C C	25.83	1

CCC 2013 - 13/09/2013

SOPAC

Results

Event 30 Girls 18-19 200 Metre Sprint

CCC: R 25.92 13/09/2013 Genevieve Cowie, Broken Bay C				
Name	Age	Team	Finals	
1 Cowie, Genevieve	18	Broken Bay C C C	25.92	New Record
2 Lanz, Catherine	18	Broken Bay C C C	26.41	
3 Humphries, Alana	18	Southern Sydney	26.92	
4 Hickey, Jade	17	C.G.S.S.S.A. C C C	27.22	
5 Lowther, Kiralea	18	Parramatta C C C	28.62	
6 Bonserio, Julia	18	C.G.S.S.S.A. C C C	29.22	
7 Musgrove, Ashlea	18	Maitland New C C C	29.71	
8 Mein, Achi	18	S.C.C. C.C.C.	31.14	

Event 31 Boys 17 Years 200 Metre Sprint

CCC: R 22.74 13/09/2013 Anas Abu Ganaba, M.C.S. C C C					
Name	Age	Team	Finals	H#	
1 Abu Ganaba, Anas	17	M.C.S. C C C	22.74	1	New Record
2 Konomanyi, Michael	17	M.C.C. C C C	22.86	1	
3 Buchanan, Matthew	17	Broken Bay C C C	22.93	1	
4 Lane, Mason	17	Lismore C C C	23.10	1	
5 Bowden, Matthew	17	M.C.C. C C C	23.35	1	
6 Suarez, Andrew	17	Wollongong C C C	23.57	1	
7 Kendall, Michael	17	Southern Sydney	23.92	1	
8 Bangura, Alimamy	17	C.B.S.A. C C C	24.60	2	
9 Cridland, Ethan	17	Maitland New C C C	25.06	2	
10 McCann, Luke	17	Canberra Goul C C C	25.18	2	

Event 32 Girls 17 Years 200 Metre Sprint

CCC: R 25.58 13/09/2013 Sachi Kayama, C.G.S.S.S.A. C C					
Name	Age	Team	Finals	H#	
1 Kayama, Sachi	17	C.G.S.S.S.A. C C C	25.58R	1	
2 Ward, Bianca	17	Southern Sydney	25.83	1	
3 Berrell, Andrea	17	Wollongong C C C	26.34	1	
4 Blair, Kristie	17	Parramatta C C C	27.50	2	
5 Dooley, Caitlin	17	Southern Sydney	28.04	1	
6 Oliver, Georgina	17	Lismore C C C	28.06	2	
7 Cherry, Jaye	17	Lismore C C C	28.79	2	
8 Harvey, Emma	17	Bath Wil Forb C C C	28.87	2	
9 Power, Chantelle	17	Maitland New C C C	28.98	3	
10 Lutze, Megan	17	Broken Bay C C C	29.09	2	
11 Doyle, Isabella	17	S.C.C. C.C.C.	29.94	2	
12 Geogiades, Helena	17	S.C.C. C.C.C.	30.30	3	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 33 Boys 16 Years 200 Metre Sprint

CCC: R 22.35 2003		Tom Jones, Lismore			
Name	Age	Team	Finals	H#	
1 Holdsworth, Zach	16	Southern Sydney	22.69	1	
2 McElhone, Jayme	16	Wollongong C C C	23.03	1	
3 Foster, Christian	16	Wollongong C C C	23.04	1	
4 Parkinson, Joshua	16	Broken Bay C C C	23.11	2	
5 Griffin, Ryan	16	Bath Wil Forb C C C	23.30	2	
6 Gunn, Dylan	16	Bath Wil Forb C C C	23.38	2	
7 Crowe, Matt	16	M.C.C. C C C	23.61	1	
8 Singleton, denzel	16	M.C.S. C C C	23.68	2	
9 Lentini, Andrew	16	Southern Sydney	23.85	1	
10 McSweeney, Matthew	16	M.C.S. C C C	24.08	2	
11 Lang, Bailey	16	C.B.S.A. C C C	24.24	1	
12 Mitchell, Owen	16	Broken Bay C C C	24.26	1	
13 Wood, Nicholas	16	Broken Bay C C C	24.45	2	
14 Hadi-Peter, Youssef	16	M.C.C. C C C	24.47	1	
15 Mather, Dominic	16	Maitland New C C C	24.85	3	
16 Sillah, Philip	16	Lismore C C C	24.91	2	
17 Haikal, Jason	16	C.B.S.A. C C C	25.14	1	
18 Snow, Michael	16	Lismore C C C	25.22	3	
19 Gallen, Mitchell	16	Parramatta C C C	25.69	3	
20 Byrne, Daniel	16	Maitland New C C C	26.17	3	

Event 34 Girls 16 Years 200 Metre Sprint

CCC: R 24.40 1998		Jana Pitman, Broken Bay			
Name	Age	Team	Finals	H#	
1 Blakey, Molly	16	C.G.S.S.S.A. C C C	25.72	1	
2 O'Grady, Gabriella	16	C.G.S.S.S.A. C C C	25.77	1	
3 Ritchie, Ruby	16	Broken Bay C C C	25.98	1	
4 Stortenbeker, Renee	16	Southern Sydney	26.48	1	
5 Angell, Tara	16	Broken Bay C C C	26.59	1	
6 Taylor, Madeleine	16	Wollongong C C C	27.49	1	
7 Wright, Eleanor	16	Lismore C C C	28.03	1	
8 Wilson, Mikkaela	16	Armidale C C C	28.18	2	
9 Grady, Sienna	16	Parramatta C C C	28.75	3	
10 Szabo, Natalie	16	Parramatta C C C	28.84	3	
11 McLean, Jessica	16	Bath Wil Forb C C C	28.88	3	
12 Satterthwaite, Molly	16	Bath Wil Forb C C C	29.00	3	
13 Hart, Jakaya	16	Lismore C C C	29.11	2	
14 Scullion, Madeline	16	Southern Sydney	29.58	2	
15 Dennison, Eugenia	16	S.C.C. C.C.C.	29.80	2	
16 Murray, Beth	16	S.C.C. C.C.C.	30.06	2	
17 Barry, Emma	16	Wollongong C C C	30.13	2	
18 Neville, Meg	16	Wagga Wagga C C C	30.49	2	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 35 Boys 15 Years 200 Metre Sprint

CCC: R 22.15 2006		Luke Hamer, CBSA			
Name	Age	Team		Finals	H#
1 Hart, Kalemb	15	Lismore C C C		23.61	1
2 Brymora, Kristian	15	Maitland New C C C		23.69	1
2 Wikaire, Tyrell	15	M.C.C. C C C		23.69	1
4 Moody, Oliver	15	Maitland New C C C		23.82	1
5 Caldwell, Jack	15	Canberra Goul C C C		23.93	2
6 Feltis, Joseph	15	Lismore C C C		23.94	1
7 Parker, Matthew	15	M.C.C. C C C		23.95	1
8 James, Michael	15	Wollongong C C C		24.18	1
9 De LaMare, Patrick	15	Parramatta C C C		24.21	3
10 Winsor, Matthew	15	Broken Bay C C C		24.25	2
11 Howitt, Oliver	15	Broken Bay C C C		24.29	3
12 Mamone, Jake	15	M.C.S. C C C		24.46	3
13 Quinten, Daniel	15	Wollongong C C C		24.48	1
14 Carter, Thomas	15	Bath Wil Forb C C C		24.58	3
15 McLachlan, Hamish	15	Armidale C C C		24.67	2
16 George, Joseph	15	M.C.S. C C C		24.72	3
17 Poloczek, Marcin	15	M.C.S. C C C		24.97	3
18 Origlia, Luke	15	Southern Sydney		24.99	2
19 Incollingo, Joshua	15	Southern Sydney		25.02	3
20 Nuzzo, Joshua	15	C.B.S.A. C C C		25.10	2
21 King, Brendan	15	C.B.S.A. C C C		25.48	1
22 El-Zakhem, Elie	15	Parramatta C C C		30.03	3

Event 36 Girls 15 Years 200 Metre Sprint

CCC: R 25.01 13/09/2013		Jessica Thornton, C.G.S.S.S.A. C			
Name	Age	Team		Finals	H#
1 Thornton, Jessica	15	C.G.S.S.S.A. C C C		25.01	1 Record
2 Healey, Luisa	15	Southern Sydney		26.05	1
3 Linton, Courtney	15	Lismore C C C		26.65	1
4 Battaglia, Daniella	15	Wollongong C C C		26.95	1
5 Fitzsimmons, Melissa	15	Broken Bay C C C		27.67	2
6 Gomes, Sarah	15	Wollongong C C C		27.83	1
7 Harbison, Tessa	15	Wagga Wagga C C C		27.92	2
8 Blessing, Emma	15	Bath Wil Forb C C C		28.32	3
9 Schnabel, Lyndal	15	Southern Sydney		28.39	1
10 Brown, Karina	15	Broken Bay C C C		28.42	2
11 Muscat, Olivia	15	Canberra Goul C C C		28.54	3
12 Perkins, Sophie	15	Armidale C C C		28.68	2
13 Tilse, Mikaela	15	Maitland New C C C		28.84	2
14 Willis, Kate	15	C.G.S.S.S.A. C C C		28.96	2
15 Danson, Emily	15	S.C.C. C.C.C.		29.00	3
16 Collins, Samara	15	Bath Wil Forb C C C		29.09	1
17 Cannon, Tayla	15	Maitland New C C C		29.46	2
18 Morris, Bonnie	15	Armidale C C C		30.30	3

CCC 2013 - 13/09/2013

SOPAC

Results

Event 37 Boys 14 Years 200 Metre Sprint

CCC: R 23.27 2004		Frank Iorfino, Southern Sydney				
Name	Age	Team		Finals	H#	
1 Nyssen, Max	14	Broken Bay C C C		23.81	3	
2 Hain, Sam	14	M.C.S. C C C		23.87	3	
3 Pahulu, Edmond	14	M.C.C. C C C		24.30	1	
4 Millet, Matthew	14	Broken Bay C C C		24.41	2	
5 McCann, Liam	14	Parramatta C C C		24.50	1	
6 Bobby, Nana	14	M.C.S. C C C		24.64	1	
7 Baxter, Warren	14	Bath Wil Forb C C C		24.91	2	
7 Mitsas, Johnathan	14	M.C.C. C C C		24.91	1	
9 Jennings-McKay, Coen	14	Lismore C C C		24.93	2	
10 Forster, Joel	14	M.C.S. C C C		25.00	3	
11 Simmons, Jamel	14	Wollongong C C C		25.25	2	
12 Ren, Jonathan	14	C.B.S.A. C C C		25.29	2	
13 Meier, Thomas	14	C.B.S.A. C C C		25.51	1	
14 Lynch, Connor	14	Maitland New C C C		25.70	2	
15 Condylios, Thomas	14	Canberra Goul C C C		25.74	3	
16 Tegg, Patrick	14	Southern Sydney		25.89	3	
17 Kazzi, John	14	Parramatta C C C		25.90	1	
18 Woolett, Hugh	14	Maitland New C C C		25.94	1	
19 Bowen, Cooper	14	Southern Sydney		26.20	3	
20 Yek, Emaniel	14	Lismore C C C		26.26	2	
21 McCann, Sam	14	Canberra Goul C C C		26.64	3	

Event 38 Girls 14 Years 200 Metre Sprint

CCC: R 24.93 2006		Laura Turner, Southern Sydney				
Name	Age	Team		Finals	H#	
1 Calleia, Sherrie	14	Parramatta C C C		26.42	1	
2 Thurgate, Chloe	14	Wollongong C C C		26.43	1	
3 McIver, Carlie	14	Southern Sydney		27.36	1	
4 Fien, Olivia	14	Lismore C C C		27.41	2	
5 Higgins, Erin	14	Armidale C C C		27.82	1	
6 Gibbins, Isabella	14	Wollongong C C C		27.85	1	
7 Metcalfe, Carly	14	Maitland New C C C		27.99	2	
8 Youssef, Denise	14	S.C.C. C.C.C.		28.02	1	
9 White, Tully	14	C.G.S.S.S.A. C C C		28.10	2	
10 Richards, Chloe	14	Bath Wil Forb C C C		28.23	2	
11 Rich, April	14	Bath Wil Forb C C C		28.40	2	
12 Kennedy, Emma	14	Armidale C C C		28.58	2	
13 Preston, Tayla	14	Southern Sydney		28.65	1	
14 Borazio, Tanya	14	Parramatta C C C		28.66	2	
15 Duggan, Mia	14	C.G.S.S.S.A. C C C		28.86	1	
16 Isaac, Amy	14	Maitland New C C C		29.32	2	
17 Branson, Alex	14	Canberra Goul C C C		29.41	3	
18 Skirka, Whitney	14	Broken Bay C C C		29.75	3	
19 Fuller, Carly	14	Lismore C C C		30.00	3	
20 McCarten, Mia	14	Wagga Wagga C C C		30.25	3	
21 Chan, Gabi	14	Broken Bay C C C		30.34	3	
22 Irvine, Joanne	14	Wagga Wagga C C C		30.98	3	
23 King, Bonnie	14	Canberra Goul C C C		31.93	3	
24 Maia, Isabella	14	S.C.C. C.C.C.		32.15	3	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 39 Boys 13 Years 200 Metre Sprint

CCC: R 24.30 1998		Bryan Nagorcka, Bath/Wil/Forb				
Name	Age	Team		Finals	H#	
1 Antrobus, Bailey	13	Wollongong	C C C	25.49	1	
2 Ong, Myden	13	C.B.S.A.	C C C	25.83	1	
3 Stathakis, Milton	13	C.B.S.A.	C C C	26.10	1	
4 Padas, Michael	13	Wollongong	C C C	26.13	1	
5 Panetta, Riley	13	M.C.S.	C C C	26.14	3	
6 Laxamana, Paolo	13	Parramatta	C C C	26.42	1	
7 Ernst, Angus	13	Maitland New	C C C	26.51	1	
8 Saint, Alexander	13	Bath Wil Forb	C C C	26.63	2	
9 Dive, Matthew	13	M.C.C.	C C C	26.70	1	
9 Tait, Ben	13	M.C.S.	C C C	26.70	3	
11 Moran, Jaara	13	Wagga Wagga	C C C	26.82	3	
12 Spora, Charles	13	Bath Wil Forb	C C C	26.84	3	
13 Hunt, Bradley	13	Lismore	C C C	26.96	2	
14 Stevanovic, Ben	13	M.C.S.	C C C	27.01	2	
15 Edwards, Connor	13	Maitland New	C C C	27.06	2	
16 Mather, Brady	13	Armidale	C C C	27.26	2	
17 Golsby, Lachlan	13	M.C.C.	C C C	27.27	1	
18 Sidebottom, Tim	13	Wagga Wagga	C C C	27.28	3	
19 Lopez, Daniel	13	Southern Sydney		27.39	2	
20 Gaunt, Chadd	13	Southern Sydney		27.52	2	
21 Carroll, Bradley	13	Canberra Goul	C C C	27.71	3	
22 Giudice, Roberto	13	Broken Bay	C C C	27.99	1	
23 Montgomery, Paddy	13	Armidale	C C C	28.53	3	

Event 40 Girls 13 Years 200 Metre Sprint

CCC: R 25.69 16/09/2011		Jessica Thornton, S C G S			
Name	Age	Team		Finals	H#
1 Devitt, Kathryn	13	Broken Bay	C C C	26.38	1
2 Stewart, Maya	13	Maitland New	C C C	26.67	1
3 Banach, Jade	13	Southern Sydney		26.87	1
4 De Gruchy, Helena	13	Broken Bay	C C C	27.01	2
5 Francis, Maya	13	Wollongong	C C C	27.33	1
6 Healey, Georgia	13	Southern Sydney		27.35	1
7 Skene, Phoebe	13	Bath Wil Forb	C C C	27.36	2
8 Cains, Lily	13	Maitland New	C C C	27.67	1
9 Ly, Isabelle	13	S.C.C.	C.C.C.	27.72	2
10 Duffy, Heather	13	Broken Bay	C C C	27.92	1
11 MacDonald, Matilda-Jane	13	Wollongong	C C C	28.00	2
12 Mestousis, Mikayla	13	Parramatta	C C C	28.20	1
13 Stanberg, Jasmine	13	Canberra Goul	C C C	28.22	3
14 Ostrowski, Lexie	13	Lismore	C C C	28.47	3
15 Withers, Clara	13	Lismore	C C C	28.74	3
16 Jacobs, Lauren	13	Parramatta	C C C	28.87	2
17 Scott, Madison	13	C.G.S.S.S.A.	C C C	28.99	3
18 Nixon, Darcee	13	Bath Wil Forb	C C C	29.29	2
19 Carroll, Ashleigh	13	Canberra Goul	C C C	29.38	3
20 Kulcher, Dominic	13	S.C.C.	C.C.C.	29.52	3
21 Peters, Sinead	13	C.G.S.S.S.A.	C C C	30.53	3

CCC 2013 - 13/09/2013

SOPAC

Results

Event 41 Boys 12 Years 200 Metre Sprint

CCC: R 24.80 1997		Mitchell Heterick, MCS			
Name	Age	Team	Finals	H#	
1 McLachlan, Joshua	12	Parramatta C C C	25.30	1	
2 Ram, Hamish	12	Parramatta C C C	26.40	1	
3 Dwyer, Joshua	12	Lismore C C C	28.22	1	
4 Lawrence, Lachlan	12	Maitland New C C C	28.23	1	
5 Cunningham, Thomas	12	Maitland New C C C	28.50	1	
5 Mataio, Brandon	12	M.C.S. C C C	28.50	2	
7 Hebert, Sebastian	12	M.C.C. C C C	28.61	1	
8 Karwhin, Samuel	12	M.C.S. C C C	28.80	2	
9 Cass, Mason	12	Southern Sydney	29.26	2	
10 Beavan, Sean	12	M.C.C. C C C	29.30	1	
11 Kelly, Adam	12	Lismore C C C	29.49	3	
12 Naprawski, Brandon	12	Broken Bay C C C	29.76	2	
13 Dwyer, Nathan	12	Broken Bay C C C	29.82	2	
14 Duong, Jonathan	12	Wollongong C C C	29.92	2	
15 Bennett, William	12	Bath Wil Forb C C C	30.34	3	
16 Gair, William	12	Southern Sydney	30.72	3	
17 Costain, Gavin	12	Wollongong C C C	30.80	2	
18 Harrington, Lachlan	12	Canberra Goul C C C	31.13	3	
19 Herring, Zach	12	Wagga Wagga C C C	31.21	3	
20 Leasaguis, James	12	C.B.S.A. C C C	31.63	2	
21 Maggs, Will	12	Armidale C C C	32.75	1	
22 Brown, Eric	12	Canberra Goul C C C	33.34	3	

Event 42 Girls 12 Years 200 Metre Sprint

CCC: R 27.00 1998		Elina Sefo, Maitland/Newcastle			
Name	Age	Team	Finals	H#	
1 Thomas, Dakota	12	Maitland New C C C	27.04	1	
2 Bosnich, Lara	12	C.G.S.S.S.A. C C C	28.69	1	
3 Burke, Melinda	12	Lismore C C C	29.01	1	
4 Jefferson, Meg	12	Parramatta C C C	29.10	1	
5 Pianta, Kate	12	Armidale C C C	29.15	1	
6 Todorovski, Kimberley	12	S.C.C. C.C.C.	29.26	2	
7 Hunter, Sophie	12	Parramatta C C C	29.63	2	
8 Mohi, Kobi	12	C.G.S.S.S.A. C C C	29.81	1	
9 Hayes, Tylah	12	Wollongong C C C	29.88	2	
9 Kurjakovic, Maya	12	Maitland New C C C	29.88	2	
11 Marabello, Alyssa	12	Southern Sydney	29.95	1	
12 Chinnock, Jessica	12	Wollongong C C C	30.52	2	
13 Blayney, Kate	12	Southern Sydney	30.67	2	
14 Reeve, Zoe	12	Lismore C C C	30.92	2	
15 Wilson, Kelly	12	S.C.C. C.C.C.	31.12	3	
16 Perkins, Eliza	12	Armidale C C C	31.34	1	
17 Scarf, Ruby	12	Broken Bay C C C	31.83	3	
18 Trappett, Briana	12	Bath Wil Forb C C C	31.94	3	
19 McCrae, Hayley	12	Canberra Goul C C C	32.56	3	
20 Tighe, Heidi	12	Broken Bay C C C	32.60	3	
21 Heffernan, Jaimee	12	Wagga Wagga C C C	34.76	3	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 43 Boys 12-15 200 Metre Sprint AWD

Name	Age	Team	Finals	H#
1 Bright (T 40 / 41), Roha	15	Broken Bay C C C	J36.22	1 127% Record
2 Bertalli T/F37, James	15	Lismore C C C	34.70	1 77%
3 Fensling T/F20, Jhye	13	Lismore C C C	J34.11R	1 71%
4 Becker, Travis	15	Wollongong C C C	37.88	2 64%
5 Walker T20, Max	13	Southern Sydney	41.48	2 58%
6 Bonsembiante, Xavier	13	Canberra Goul C C C	44.44	2 54%

Event 44 Girls 12-15 200 Metre Sprint AWD

CCC: R 31.46 13/09/2013 Krystal Maloney Tf20, Parramatta

Name	Age	Team	Finals	H#
1 Salmon T/F35, Carly	14	Wagga Wagga C C C	J35.45	1 115%Record
2 Walsh T/F44, Sarah	15	Southern Sydney	J36.11	2 93%
3 Maloney Tf20, Krystal	14	Parramatta C C C	J31.46R	2 90%
4 Liddy (T20), Juliet	14	Broken Bay C C C	J34.68	1 81%
5 Thorne, Sophie	15	Wollongong C C C	J40.63	2 76%
6 Jackson T/F20, Cassandra	13	Lismore C C C	J40.44	2 70%
7 Hunter T/F20, Maddison	15	Lismore C C C	40.67	2 69%
8 Filocamo T/F20, Jessica	14	C.G.S.S.S.A. C C C	41.65	1 68%
9 Hester (T20), Ellen	15	Broken Bay C C C	45.19	1 63%
10 Withers T21, Taj	13	Southern Sydney	1:00.08	1 47%

Event 45 Boys 16+ 200 Metre Sprint AWD

Name	Age	Team	Finals
1 Jennings T35, Daniel	16	M.C.C. C C C	J32.62 98%
2 Christiansen T/F37, Mitc	16	Lismore C C C	J29.65 90.3%
3 Cameron (B3), Matthew	16	Maitland New C C C	J27.02R 90%
4 Mackintosh T20, Kyle	15	Southern Sydney	J28.64 84%

Event 46 Girls 16+ 200 Metre Sprint AWD

Name	Age	Team	Finals
1 Smith (T20), Katelyn	17	Broken Bay C C C	36.67 77%
2 MalliganT/F35, Laura	18	Lismore C C C	J53.23 76.9%
3 Grunwald (T20), Tegan	18	Broken Bay C C C	J47.56 59%

Event 47 Boys 18-19 800 Metre Run

CCC: R 2:09.24 13/09/2013 Adam Coffee, Southern Sydne

Name	Age	Team	Finals
1 Coffee, Adam	18	Southern Sydney	2:09.24 New Record
2 Mooney, Brenton	18	M.C.S. C C C	2:19.20
3 Menton, Tom	18	C.B.S.A. C C C	2:23.40

CCC 2013 - 13/09/2013

SOPAC

Results

Event 48 Girls 18-19 800 Metre Run

CCC: R 2:18.44 13/09/2013 Bethany Halmy, Broken Bay C

Name	Age	Team	Finals
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1 Halmy, Bethany	18	Broken Bay C C C	2:18.44 New Record
2 McKinney, Emma	18	C.G.S.S.S.A. C C C	2:25.07
3 McIver, Jamie	18	Southern Sydney	2:31.32
4 Vernon, Jessica	18	Parramatta C C C	2:40.54
5 Heiniger, Zoe	18	Lismore C C C	2:50.05

Event 49 Boys 17 Years 800 Metre Run

CCC: R 1:59.66 13/09/2013 Joshua Kentwell, Wollongong

Name	Age	Team	Finals
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1 Kentwell, Joshua	17	Wollongong C C C	1:59.66 New Record
2 Burgess, Joe	17	M.C.C. C C C	2:03.08
3 Bumie, Lewis	17	M.C.S. C C C	2:07.19
4 Tarrant, Luke	17	Lismore C C C	2:08.00
5 Connolly, Brandon	17	Bath Wil Forb C C C	2:10.27
6 Charnock, Lachlan	17	Maitland New C C C	2:12.88
7 Montford, Eoin	17	Parramatta C C C	2:13.80
8 Wignell, Perry	17	Canberra Goul C C C	2:16.01

Event 50 Girls 17 Years 800 Metre Run

CCC: R 2:21.39 13/09/2013 Stephanie Bain, Maitland Ne

Name	Age	Team	Finals
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1 Bain, Stephanie	17	Maitland New C C C	2:21.39 New Record
2 White, Claudia	17	C.G.S.S.S.A. C C C	2:33.41
3 Doyle, Isabella	17	S.C.C. C.C.C.	2:39.80

Event 51 Boys 16 Years 800 Metre Run

CCC: R 1:57.98 13/09/2013 Jack Collett, Broken Bay C

Name	Age	Team	Finals
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1 Collett, Jack	16	Broken Bay C C C	1:57.98 Record
2 Thomson, Ben	16	Parramatta C C C	2:03.55
3 O' Neill, Hayden	16	M.C.C. C C C	2:05.51
4 Maldigri, Justin	16	Southern Sydney	2:08.37
5 Koko, Shouma	16	Bath Wil Forb C C C	2:09.63
6 Baggs, Connor	16	M.C.S. C C C	2:10.77
7 White, Daniel	16	M.C.S. C C C	2:11.69
8 Wheatley, Liam	16	C.B.S.A. C C C	2:23.73
9 Lewis, Samuel	16	Lismore C C C	2:24.47

Event 52 Girls 16 Years 800 Metre Run

CCC: R 2:13.49 2003 Brooke Simpson, Southern Sy

Name	Age	Team	Finals
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1 Maxwell, Sophie	16	Southern Sydney	2:24.97
2 Beck, Olivia	16	C.G.S.S.S.A. C C C	2:25.04
3 Heeney, Sophie	16	Armidale C C C	2:25.54
4 Tozer, Abby	16	Wollongong C C C	2:25.57
5 Hollingsworth, Nikki	16	Maitland New C C C	2:39.36
6 Koote, Daina	16	Canberra Goul C C C	2:58.37

CCC 2013 - 13/09/2013

SOPAC

Results

Event 53 Boys 15 Years 800 Metre Run

CCC: R 1:58.18 2005				James Kaan, Parramatta	
Name	Age	Team		Finals	
1 Henderson, Liam	15	Wollongong	C C C	2:04.94	
2 Scammell, Jack	15	Wagga Wagga	C C C	2:05.63	
3 Bol, Kaman	15	Maitland New	C C C	2:11.47	
4 Forbes, Hayden	15	Broken Bay	C C C	2:12.26	
5 Foat, Nyor	15	M.C.S.	C C C	2:13.68	
6 De Luca, James	15	Wollongong	C C C	2:19.77	
7 Trappett, Nicholas	15	Bath Wil Forb	C C C	2:20.99	
8 Allan, Robert	15	M.C.C.	C C C	2:22.48	
9 Maloney, Tim	15	Canberra Goul	C C C	2:31.88	

Event 54 Girls 15 Years 800 Metre Run

CCC: R 2:10.78 2002				Brooke Simpson, Southern Sy	
Name	Age	Team		Finals	
1 Harding, Lily	15	C.G.S.S.S.A.	C C C	2:17.53	
2 Hopper, Emily	15	C.G.S.S.S.A.	C C C	2:17.89	
3 Harding, Amy	15	C.G.S.S.S.A.	C C C	2:19.81	
4 Slennett, EllyAnne	15	Broken Bay	C C C	2:33.18	
5 Parkinson, Rebecca	15	Broken Bay	C C C	2:34.17	
6 Duncombe, Janica	15	Lismore	C C C	2:34.61	
7 Delbridge, Alex	15	Maitland New	C C C	2:35.52	
8 Rankin, Ashleigh	15	Southern Sydney		2:40.15	
9 Lenehan, Marnie	15	Bath Wil Forb	C C C	2:41.26	
10 Hill, Darcie	15	Parramatta	C C C	2:42.09	

Event 55 Boys 14 Years 800 Metre Run

CCC: R 2:00.98 2006				James Connor, Wollongong	
Name	Age	Team		Finals	
1 Phillips, Josh	14	M.C.C.	C C C	2:10.74	
2 Tegg, Patrick	14	Southern Sydney		2:15.49	
3 Beetson, Ryan	14	C.B.S.A.	C C C	2:15.50	
4 Delbridge, Joseph	14	Maitland New	C C C	2:20.83	
5 Matheson, Jeremy	14	M.C.S.	C C C	2:21.97	
6 Tunks -fletcher, Timothy	14	M.C.S.	C C C	2:22.41	
7 Rogers, Cody	14	Lismore	C C C	2:24.35	
8 May, Jaeger	14	Broken Bay	C C C	2:25.02	
9 Davies, Alan	14	Parramatta	C C C	2:26.22	
10 Daintith, Jack	14	Bath Wil Forb	C C C	2:30.99	

Event 56 Girls 14 Years 800 Metre Run

CCC: R 2:15.16 2001				Brooke Simpson, Southern Sy	
Name	Age	Team		Finals	
1 Katsoudas, Natasha	14	Wollongong	C C C	2:18.44	
2 Davies, Rose	14	Maitland New	C C C	2:18.79	
3 Preeo, Hannah	14	Wollongong	C C C	2:20.26	
4 Skinner, Joanne	14	Wollongong	C C C	2:22.63	
5 Feain-Ryan, Cara	14	Lismore	C C C	2:25.20	
6 Thompson, Ali	14	Parramatta	C C C	2:25.47	
7 Gallagher, Elly	14	Broken Bay	C C C	2:28.46	
8 King, Bonnie	14	Canberra Goul	C C C	2:29.39	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 57 Boys 13 Years 800 Metre Run

CCC: R 2:07.08 2005 James Connor, Wollongong			
Name	Age	Team	Finals
1 Doris, Jordan	13	Wollongong C C C	2:16.28
2 O'Connor, Joseph	13	Maitland New C C C	2:20.01
3 Timms, Harvey	13	Broken Bay C C C	2:22.23
4 Flanagan, Connor	13	M.C.C. C C C	2:22.66
5 Crawford, Lachlan	13	Southern Sydney	2:24.15
6 Sultana, Nicholas	13	M.C.S. C C C	2:27.01
7 Cairns, Jett	13	Parramatta C C C	2:29.21
8 Bettingfield, Callum	13	Canberra Goul C C C	2:30.50
9 Montgomery, Paddy	13	Armidale C C C	2:38.03
10 Emerson, Jordan	13	Bath Wil Forb C C C	2:42.86

Event 58 Girls 13 Years 800 Metre Run

CCC: R 2:19.86 13/09/2013 Ella Heeney, Armidale C C C			
Name	Age	Team	Finals
1 Heeney, Ella	13	Armidale C C C	2:19.86 Record
2 Yang, Leena	13	Parramatta C C C	2:22.12
3 Eaton, Madeline	13	Wollongong C C C	2:23.41
4 Breslin, Nell	13	Broken Bay C C C	2:27.76
5 Quoye, Molly	13	C.G.S.S.S.A. C C C	2:28.23
6 Bain, Hannah	13	Maitland New C C C	2:33.00
7 Towell, Rylee	13	S.C.C. C.C.C.	2:46.06
8 Bulloch, Chloe	13	Lismore C C C	2:48.02
9 Walker, Britt	13	Canberra Goul C C C	2:50.82
10 Himmelberg, Millie	13	Wagga Wagga C C C	3:05.31
11 Healey, Lillie	13	Bath Wil Forb C C C	3:08.22

Event 59 Boys 12 Years 800 Metre Run

CCC: R 2:19.62 1999 Jacob Henshall, Lismore			
Name	Age	Team	Finals
1 Van Huisstede, Reed	12	Maitland New C C C	2:28.88
2 Dwyer, Joshua	12	Lismore C C C	2:33.42
3 Blake, Lachlan	12	Broken Bay C C C	2:36.71
4 Gair, William	12	Southern Sydney	2:40.47
5 Grant, Hamish	12	Bath Wil Forb C C C	2:41.65
6 Leasaguis, James	12	C.B.S.A. C C C	2:43.30
7 Attard, Ryan	12	M.C.S. C C C	2:44.51
8 Pilipovic, Filip	12	Wollongong C C C	2:45.17
9 Boustani, Edward	12	Parramatta C C C	2:47.65
10 Fay, Thomas	12	M.C.C. C C C	2:49.25
11 Herring, Zach	12	Wagga Wagga C C C	2:51.66
12 Patyus, Anthony	12	Canberra Goul C C C	2:53.64

CCC 2013 - 13/09/2013

SOPAC

Results

Event 60 Girls 12 Years 800 Metre Run

CCC: R 2:26.70 1997 Bryden Lenne, CGSSSA

Name	Age	Team	Finals
1 Gallagher, Jemma	12	Broken Bay C C C	2:34.38
2 Chinnock, Jessica	12	Wollongong C C C	2:37.97
3 Penry, Georgie	12	C.G.S.S.S.A. C C C	2:44.13
4 Miller, Annie	12	Bath Wil Forb C C C	2:47.54
5 Tangohau, Karina	12	Southern Sydney	2:52.28
6 Stuart, Tahlia	12	Armidale C C C	2:55.34
7 Paskins, Kylie	12	Lismore C C C	2:56.50
8 Palmer, Isabel	12	Maitland New C C C	3:04.45
9 Wilson, Kelly	12	S.C.C. C.C.C.	3:05.27
10 Acret, Lily	12	Lismore C C C	3:13.26
11 Dolly, Natalie	12	Parramatta C C C	3:17.87
12 Gruber, Meg	12	Canberra Goul C C C	3:23.88

Event 61 Boys 12-15 800 Metre Run AWD

Name	Age	Team	Finals
1 Bright (T 40 / 41), Roha	15	Broken Bay C C C	3:04.82R 66%
2 Becker, Travis	15	Wollongong C C C	3:30.04 59%
3 Parkinson T/F20, Joshua	14	Lismore C C C	3:32.90 60%
4 Walker T20, Max	13	Southern Sydney	4:35.67 46%

Event 62 Girls 12-15 800 Metre Run AWD

CCC: R 4:16.50 13/09/2013 Krystal Maloney Tf20, Parra

Name	Age	Team	Finals
1 Maloney Tf20, Krystal	14	Parramatta C C C	4:16.50R 48%
2 Withers T21, Taj	13	Southern Sydney	5:40.27 36%

Event 63 Boys 16+ 800 Metre Run AWD

CCC: R 2:18.40 13/09/2013 Kyle Mackintosh T20, Southe

Name	Age	Team	Finals
1 Mackintosh T20, Kyle	15	Southern Sydney	2:18.40R 75%
2 Cameron (B3), Matthew	16	Maitland New C C C	2:25.56 92%
3 Christiansen T/F37, Mitc	16	Lismore C C C	3:02.13 93%

Event 64 Girls 16+ 800 Metre Run AWD

CCC: R 4:45.05 13/09/2013 Katelyn Smith (T20), Broken

Name	Age	Team	Finals
1 Smith (T20), Katelyn	17	Broken Bay C C C	4:45.05R 53%

CCC 2013 - 13/09/2013

SOPAC

Results

Event 65 Boys 18-19 100 Metre Sprint

=====						
CCC: R 11.14 13/09/2013 Jordan Barnes, Broken Bay C C C						
Name	Age	Team		Finals	H#	
=====						
1 Barnes, Jordan	18	Broken Bay C C C		11.14	1	New Record
2 Harwanek, brendan	18	M.C.S. C C C		11.44	1	
3 McKellar, Daniel	18	Wollongong C C C		11.48	1	
4 Augey, Emerson	18	Maitland New C C C		11.73	1	
5 Davidson, John	18	Parramatta C C C		11.91	2	
6 Bomba, Simbarashe	18	M.C.C. C C C		12.01	1	
7 Satterthwaite, Tom	18	Bath Wil Forb C C C		12.25	2	
8 McLaren, Kelly	18	C.B.S.A. C C C		12.28	1	
9 Corcoran, Thomas	18	C.B.S.A. C C C		12.42	1	
10 Carr, Thomas	18	Southern Sydney		12.47	2	

Event 66 Girls 18-19 100 Metre Sprint

=====						
CCC: R 12.91 13/09/2013 Catherine Lanz, Broken Bay C						
Name	Age	Team		Finals	H#	
=====						
1 Lanz, Catherine	18	Broken Bay C C C		12.91	1	New Record
2 Cowie, Genevieve	18	Broken Bay C C C		12.94		
3 Humphries, Alana	18	Southern Sydney		13.32		
4 Hickey, Jade	17	C.G.S.S.S.A. C C C		13.54		
5 Lowther, Kiralea	18	Parramatta C C C		13.88		
6 Summers, Briannah	18	Lismore C C C		14.13		
7 Rowan, Danielle	18	S.C.C. C.C.C.		14.39		
8 Bonserio, Julia	18	C.G.S.S.S.A. C C C		14.41		

Event 67 Boys 17 Years 100 Metre Sprint

=====						
CCC: R 11.06 13/09/2013 Michael Konomanyi, M.C.C. C C C						
Name	Age	Team		Finals	H#	
=====						
1 Konomanyi, Michael	17	M.C.C. C C C		11.06R	1	
2 Buchanan, Matthew	17	Broken Bay C C C		11.35	1	
3 Lane, Mason	17	Lismore C C C		11.54	2	
4 Madgwick, Jake	17	Parramatta C C C		11.67	1	
5 Suarez, Andrew	17	Wollongong C C C		11.68	1	
6 Kendall, Michael	17	Southern Sydney		11.73	1	
7 Doueihy, Tony	17	M.C.S. C C C		11.75	2	
8 Bowden, Matthew	17	M.C.C. C C C		11.77	1	
9 Giles, Liam	17	Lismore C C C		11.80	2	
10 Cridland, Ethan	17	Maitland New C C C		12.05	2	
11 Bailey, Max	17	Broken Bay C C C		12.09	2	
12 Madden, Patrick	17	Bath Wil Forb C C C		12.19	1	
13 Graham, Rhett	17	Armidale C C C		12.24	1	
14 Boateng, Antmon	17	Southern Sydney		12.25	1	
15 McCann, Luke	17	Canberra Goul C C C		12.45	2	
16 Johnson, Brendon	17	Maitland New C C C		12.93	2	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 68 Girls 17 Years 100 Metre Sprint

=====						
CCC: R 12.66 13/09/2013 Karina Takchi, Broken Bay C C C						
Name	Age	Team		Finals	H#	
=====						
1 Takchi, Karina	17	Broken Bay C C C		12.66	1	New Record
2 Kayama, Sachi	17	C.G.S.S.S.A. C C C		12.68	1	
3 Ward, Bianca	17	Southern Sydney		12.92	1	
4 Roberts, Emily	17	C.G.S.S.S.A. C C C		13.62	2	
5 Rushton, Madeleine	17	Parramatta C C C		13.73	2	
6 Power, Chantelle	17	Maitland New C C C		13.91	2	
7 Harrison, Lauren	17	Broken Bay C C C		14.02	1	
7 Cherry, Jaye	17	Lismore C C C		14.02	2	
9 Castro, Cassandra	17	S.C.C. C.C.C.		14.51	1	
10 Jachi, Tania	17	Bath Wil Forb C C C		14.93	2	

Event 69 Boys 16 Years 100 Metre Sprint

=====						
CCC: R 10.90 1998 Jeremy Firth, Lismore						
Name	Age	Team		Finals	H#	
=====						
1 Holdsworth, Zach	16	Southern Sydney		11.27	1	
2 McElhone, Jayme	16	Wollongong C C C		11.39	1	
3 Parkinson, Joshua	16	Broken Bay C C C		11.49	1	
4 Gunn, Dylan	16	Bath Wil Forb C C C		11.56	1	
5 Fakiye, Emmanuel	16	M.C.S. C C C		11.65	2	
6 Singleton, denzel	16	M.C.S. C C C		11.66	2	
7 Lang, Bailey	16	C.B.S.A. C C C		11.71	1	
8 Lentini, Andrew	16	Southern Sydney		11.73	1	
9 Mitchell, Owen	16	Broken Bay C C C		11.74	1	
10 Gallegos, Lachlan	16	Maitland New C C C		11.83	2	
10 Griffin, Ryan	16	Bath Wil Forb C C C		11.83	1	
12 Sillah, Philip	16	Lismore C C C		11.85	2	
13 Bibby, Jaiden	16	Lismore C C C		12.00	2	
14 Camilleri, Jonas	16	M.C.C. C C C		12.05	2	
15 Smith, Reimis	16	M.C.C. C C C		12.11	1	
16 Wood, Nicholas	16	Broken Bay C C C		12.39	2	
17 Muddle, Jayden	16	Maitland New C C C		12.45	2	
18 Haikal, Jason	16	C.B.S.A. C C C		12.49	1	

Event 70 Girls 16 Years 100 Metre Sprint

=====						
CCC: R 11.90 1998 Jana Pitman, Broken Bay						
Name	Age	Team		Finals	H#	
=====						
1 Blakey, Molly	16	C.G.S.S.S.A. C C C		12.70	1	
2 Angell, Tara	16	Broken Bay C C C		12.79	1	
3 Kyriacou, Audrey	16	C.G.S.S.S.A. C C C		12.83	1	
4 Stortenbeker, Renee	16	Southern Sydney		13.00	1	
5 Gilbert, Lauren	16	Parramatta C C C		13.38	2	
6 Taylor, Madeleine	16	Wollongong C C C		13.47	1	
7 Hickling, Katie	16	Lismore C C C		13.77	2	
8 Wright, Eleanor	16	Lismore C C C		13.82	2	
8 Tripi, Olivia	16	Southern Sydney		13.82	1	
10 Wilson, Mikkaela	16	Armidale C C C		13.87	1	
11 Szabo, Natalie	16	Parramatta C C C		13.99	2	
12 McLean, Jessica	16	Bath Wil Forb C C C		14.18	2	
13 Satterthwaite, Molly	16	Bath Wil Forb C C C		14.25	2	
14 Silm, Holly	16	Wollongong C C C		14.31	2	
15 Dennison, Eugenia	16	S.C.C. C.C.C.		14.57	2	
16 Neville, Meg	16	Wagga Wagga C C C		14.74	1	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 71 Boys 15 Years 100 Metre Sprint

CCC: R 11.00 1997		Adrian Debrincat, MCS			
Name	Age	Team	Finals	H#	
1 Hart, Kalemb	15	Lismore C C C	11.61	2	
2 Kerr, Will	15	M.C.S. C C C	11.76	2	
3 Hanrahan, Liam	15	Southern Sydney	11.80	1	
4 Wikaire, Tyrell	15	M.C.C. C C C	11.81	1	
5 Brymora, Kristian	15	Maitland New C C C	11.82	1	
6 Feltis, Joseph	15	Lismore C C C	11.85	2	
6 Caldwell, Jack	15	Canberra Goul C C C	11.85	2	
8 Winsor, Matthew	15	Broken Bay C C C	12.02	2	
9 Kirkman, Broc	15	Broken Bay C C C	12.15	2	
10 Gilmour, Joshua	15	Parramatta C C C	12.41	2	
11 Foat, Nyor	15	M.C.S. C C C	12.43	2	
12 Trappett, Nicholas	15	Bath Wil Forb C C C	12.60	2	
13 Nye, Reece	15	Canberra Goul C C C	12.67	2	
-- Quinten, Daniel	15	Wollongong C C C	NT	1	
-- James, Michael	15	Wollongong C C C	NT	1	
-- King, Brendan	15	C.B.S.A. C C C	NT	1	
-- Nakad, John Paul	15	C.B.S.A. C C C	NT	1	
-- Chivers, Luke	15	Southern Sydney	NT	1	
-- Rabiya, Adam	15	M.C.C. C C C	NT	1	
-- McLachlan, Hamish	15	Armidale C C C	NT	1	
-- Moody, Oliver	15	Maitland New C C C	NT	1	
-- Arnold, Tanner	15	Bath Wil Forb C C C	NT	1	

Event 72 Girls 15 Years 100 Metre Sprint

CCC: R 12.15 13/09/2013		Jessica Thornton, C.G.S.S.S.A. C			
Name	Age	Team	Finals	H#	
1 Thornton, Jessica	15	C.G.S.S.S.A. C C C	12.15	1	Record
2 Healey, Luisa	15	Southern Sydney	12.58	1	
3 Ruse, Melanie	15	Parramatta C C C	12.88	2	
4 Battaglia, Daniella	15	Wollongong C C C	12.97	1	
5 Linton, Courtney	15	Lismore C C C	13.10	1	
6 Harbison, Tessa	15	Wagga Wagga C C C	13.31	2	
7 Collins, Samara	15	Bath Wil Forb C C C	13.36	2	
8 Burke, Emily	15	Wollongong C C C	13.42	1	
9 Fitzsimmons, Melissa	15	Broken Bay C C C	13.43	2	
10 Redding, Newbie	15	Broken Bay C C C	13.51	1	
11 Bonser, Hayley	15	C.G.S.S.S.A. C C C	13.64	2	
12 Williams, Rachael	15	Maitland New C C C	13.66	1	
13 Danson, Emily	15	S.C.C. C.C.C.	13.68	1	
14 Smyth, Bec	15	Armidale C C C	13.79	1	
15 Blessing, Emma	15	Bath Wil Forb C C C	13.81	2	
16 Schnabel, Lyndal	15	Southern Sydney	13.83	1	
17 Tilse, Mikaela	15	Maitland New C C C	14.06	1	
18 Muscat, Olivia	15	Canberra Goul C C C	14.08	2	
19 Filpcic, Joanne	15	Lismore C C C	14.19	2	
20 Tondering, Samantha	15	Canberra Goul C C C	14.40	2	
21 Colosimo, Annelise	15	S.C.C. C.C.C.	14.67	2	
-- Garrett, Taylor	15	Parramatta C C C	DQ	2	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 73 Boys 14 Years 100 Metre Sprint

CCC: R 11.35 2004		Frank Iorfino, Southern Sydney					
Name	Age	Team			Finals	H#	
1 Hain, Sam	14	M.C.S.	C	C	C	11.54	3
2 Pahulu, Edmond	14	M.C.C.	C	C	C	11.70	1
3 Sweeney, Thomas	14	C.B.S.A.	C	C	C	11.80	1
4 McCann, Liam	14	Parramatta	C	C	C	11.92	1
5 Millet, Matthew	14	Broken Bay	C	C	C	12.12	2
6 Chung-Wright, Aethan	14	Lismore	C	C	C	12.13	3
7 Bobby, Nana	14	M.C.S.	C	C	C	12.17	1
8 Jennings-McKay, Coen	14	Lismore	C	C	C	12.19	3
8 Sabu, Stephan	14	Wollongong	C	C	C	12.19	1
10 Nyssen, Max	14	Broken Bay	C	C	C	12.20	1
11 Meier, Thomas	14	C.B.S.A.	C	C	C	12.21	1
12 Baxter, Warren	14	Bath Wil Forb	C	C	C	12.32	3
13 Mitsas, Johnathan	14	M.C.C.	C	C	C	12.36	1
14 Woollett, Hugh	14	Maitland New	C	C	C	12.42	2
15 Kazzi, John	14	Parramatta	C	C	C	12.49	2
16 Oxley-Garnett, Kye	14	Canberra Goul	C	C	C	12.56	3
17 Kennedy, Ethan	14	Bath Wil Forb	C	C	C	12.58	2
18 Bowen, Cooper	14	Southern Sydney				12.61	3
19 Forster, Joel	14	M.C.S.	C	C	C	12.69	3
20 Salisbury, Cooper	14	Canberra Goul	C	C	C	12.84	3
21 Squire, Thomas	14	Southern Sydney				12.99	2
22 Palombo, Scott	14	Armidale	C	C	C	13.31	3

Event 74 Girls 14 Years 100 Metre Sprint

CCC: R 11.60 1997		Alicia Spencer, CGSSSA					
Name	Age	Team			Finals	H#	
1 Thurgate, Chloe	14	Wollongong	C	C	C	13.00	1
2 Martin, Matilda	14	C.G.S.S.S.A.	C	C	C	13.05	2
3 McIver, Carlie	14	Southern Sydney				13.18	1
4 Calleia, Sherrie	14	Parramatta	C	C	C	13.22	1
5 Katsoudas, Natasha	14	Wollongong	C	C	C	13.36	1
6 Metcalfe, Carly	14	Maitland New	C	C	C	13.41	1
7 Higgins, Erin	14	Armidale	C	C	C	13.45	1
8 Kennedy, Emma	14	Armidale	C	C	C	13.47	1
9 Rich, April	14	Bath Wil Forb	C	C	C	13.48	1
10 Reeves, Caitlin	14	Bath Wil Forb	C	C	C	13.60	1
11 Isaac, Amy	14	Maitland New	C	C	C	13.71	2
12 Borazio, Tanya	14	Parramatta	C	C	C	13.76	2
13 Creswick, Olivia	14	Lismore	C	C	C	13.77	1
14 Fien, Olivia	14	Lismore	C	C	C	14.16	2
15 Carley, Zoe	14	Broken Bay	C	C	C	14.30	2
16 Kaine, Hannah	14	S.C.C.	C.C.C.			14.55	2
17 Irvine, Joanne	14	Wagga Wagga	C	C	C	15.30	2

CCC 2013 - 13/09/2013

SOPAC

Results

Event 75 Boys 13 Years 100 Metre Sprint

CCC: R 11.60		1998		Mitchell Heterick, MCS			
Name	Age	Team		Finals	H#		
1 Ong, Myden	13	C.B.S.A.	C C C	12.26	1		
2 Antrobus, Bailey	13	Wollongong	C C C	12.69	1		
3 Bond, Jackson	13	Maitland New	C C C	12.70	1		
4 Stathakis, Milton	13	C.B.S.A.	C C C	12.71	1		
5 Johnston, Mitchell	13	Wollongong	C C C	12.72	1		
6 Panetta, Riley	13	M.C.S.	C C C	12.79	2		
7 McHugh, Jason	13	Bath Wil Forb	C C C	12.98	1		
8 Sidebottom, Tim	13	Wagga Wagga	C C C	13.01	2		
9 Langfield, Jonte	13	Canberra Goul	C C C	13.03	2		
10 Saint, Alexander	13	Bath Wil Forb	C C C	13.04	2		
11 Ernst, Angus	13	Maitland New	C C C	13.11	1		
12 Prokopis, John	13	Southern Sydney		13.13	1		
13 Hunt, Bradley	13	Lismore	C C C	13.15	2		
14 Golsby, Lachlan	13	M.C.C.	C C C	13.18	1		
15 Harris, Ethan	13	M.C.S.	C C C	13.19	2		
16 Giudice, Roberto	13	Broken Bay	C C C	13.27	2		
17 Vo, Brian	13	Southern Sydney		13.34	1		
18 Mather, Brady	13	Armidale	C C C	13.36	2		
19 Martin, Joshua	13	Broken Bay	C C C	13.38	2		
20 O'Shanessy, Riley	13	Canberra Goul	C C C	13.44	2		
21 Fararo, Gabriel	13	M.C.C.	C C C	13.66	1		

Event 76 Girls 13 Years 100 Metre Sprint

CCC: R 12.75		13/09/2013		Maya Stewart, Maitland New C C			
Name	Age	Team		Finals	H#		
1 Stewart, Maya	13	Maitland New	C C C	12.75R	1		
2 Devitt, Kathryn	13	Broken Bay	C C C	12.95	1		
3 Healey, Georgia	13	Southern Sydney		13.23	1		
4 Constable, Hollie	13	Armidale	C C C	13.31	1		
5 Skene, Phoebe	13	Bath Wil Forb	C C C	13.33	2		
6 Ly, Isabelle	13	S.C.C.	C.C.C.	13.34	1		
7 Francis, Maya	13	Wollongong	C C C	13.41	1		
8 Duffy, Heather	13	Broken Bay	C C C	13.44	1		
9 Cains, Lily	13	Maitland New	C C C	13.61	1		
10 Banach, Jade	13	Southern Sydney		13.68	1		
11 Stanberg, Jasmine	13	Canberra Goul	C C C	13.73	2		
12 MacDonald, Matilda-Jane	13	Wollongong	C C C	13.75	2		
13 Langley, Naomi	13	Lismore	C C C	13.77	2		
14 Jeffrey, Laura	13	Armidale	C C C	13.81	1		
15 Jacobs, Lauren	13	Parramatta	C C C	13.85	2		
16 Nixon, Darcee	13	Bath Wil Forb	C C C	14.01	2		
17 Scott, Madison	13	C.G.S.S.S.A.	C C C	14.03	2		
18 Cox, Eloise	13	Lismore	C C C	14.04	2		
19 Dymock, Kobe	13	C.G.S.S.S.A.	C C C	14.10	2		
20 Alderman, Kate	13	Canberra Goul	C C C	14.34	2		
21 Marimo, Yollanda	13	S.C.C.	C.C.C.	14.81	2		

CCC 2013 - 13/09/2013

SOPAC

Results

Event 77 Boys 12 Years 100 Metre Sprint

CCC: R 12.10 1997		Mitchell Heterick, MCS			
Name	Age	Team	Finals	H#	
1 McLachlan, Joshua	12	Parramatta C C C	12.35	1	
2 Ram, Hamish	12	Parramatta C C C	12.81	1	
3 Lawrence, Lachlan	12	Maitland New C C C	13.50	1	
4 Pimentel, Bailey	12	Southern Sydney	13.53	1	
5 Hebert, Sebastian	12	M.C.C. C C C	13.74	1	
6 Michel, Cedrique	12	M.C.S. C C C	13.86	2	
7 Zakhia, Nicholas	12	M.C.S. C C C	13.95	2	
8 Cunningham, Thomas	12	Maitland New C C C	13.97	1	
9 Dwyer, Joshua	12	Lismore C C C	14.01	1	
10 Naprawski, Brandon	12	Broken Bay C C C	14.20	2	
11 Gounder, Nicholas	12	M.C.C. C C C	14.28	1	
12 Duong, Jonathan	12	Wollongong C C C	14.34	2	
13 Dwyer, Nathan	12	Broken Bay C C C	14.48	2	
14 Kelly, Adam	12	Lismore C C C	14.49	2	
15 Harland, Isaac	12	Wollongong C C C	14.54	2	
16 Cass, Mason	12	Southern Sydney	14.56	1	
17 Leasaguis, James	12	C.B.S.A. C C C	14.64	1	
18 Trajkovski, Christopher	12	C.B.S.A. C C C	14.68	1	
19 Bennett, William	12	Bath Wil Forb C C C	14.80	2	
20 Harrington, Lachlan	12	Canberra Goul C C C	15.02	2	
21 Maggs, Will	12	Armidale C C C	15.47	2	
22 Brown, Eric	12	Canberra Goul C C C	15.82	2	

Event 78 Girls 12 Years 100 Metre Sprint

CCC: R 13.00 1998		Elina Sefo, Maitland/Newcastle			
Name	Age	Team	Finals	H#	
1 Thomas, Dakota	12	Maitland New C C C	13.43	1	
2 Bosnich, Lara	12	C.G.S.S.S.A. C C C	14.01	1	
3 Pianta, Kate	12	Armidale C C C	14.12	1	
4 Burke, Melinda	12	Lismore C C C	14.14	1	
5 Jefferson, Meg	12	Parramatta C C C	14.40	1	
6 Todorovski, Kimberley	12	S.C.C. C.C.C.	14.41	1	
7 Kurjakovic, Maya	12	Maitland New C C C	14.51	2	
8 Marabello, Alyssa	12	Southern Sydney	14.53	1	
9 Marsh, Hannah	12	Bath Wil Forb C C C	14.54	2	
10 Simpson, Lauren	12	Broken Bay C C C	14.58	2	
11 Blayney, Kate	12	Southern Sydney	14.65	1	
12 Davey, Emma	12	Wollongong C C C	14.79	1	
13 Hayes, Tylah	12	Wollongong C C C	14.80	1	
14 Hunter, Sophie	12	Parramatta C C C	14.82	2	
15 Gallagher, Courtney	12	Lismore C C C	14.89	2	
16 Draper, India	12	Bath Wil Forb C C C	14.92	2	
17 Parisi, Julia	12	C.G.S.S.S.A. C C C	14.99	1	
18 Wilson, Kelly	12	S.C.C. C.C.C.	15.01	1	
19 Zubak, Julia	12	Broken Bay C C C	15.09	2	
20 Heffernan, Jaimee	12	Wagga Wagga C C C	16.16	2	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 79 Boys 12-15 100 Metre Sprint AWD

Name	Age	Team	Finals	H#
1 Bright (T 40 / 41), Roha	15	Broken Bay C C C	J17.38	1 121%
2 Bertalli T/F37, James	15	Lismore C C C	J15.88	1 82%
3 Allan T/F37, Gordon	15	M.C.S. C C C	J17.78	1 74%
4 Fensling T/F20, Jhye	13	Lismore C C C	J16.89	1 71%
5 Becker, Travis	15	Wollongong C C C	J17.59	2 68%
6 Walker T20, Max	13	Southern Sydney	18.94	2 63%
7 Bonsembiante, Xavier	13	Canberra Goul C C C	20.53	2 58%

Event 80 Girls 12-15 100 Metre Sprint AWD

Name	Age	Team	Finals	H#
1 Salmon T/F35, Carly	14	Wagga Wagga C C C	J17.32	112%
2 Walsh T/F44, Sarah	15	Southern Sydney	16.10	99%
3 Maloney Tf20, Krystal	14	Parramatta C C C	J15.06	90%
4 Liddy (T20), Juliet	14	Broken Bay C C C	J16.16	84%
5 Thorne, Sophie	15	Wollongong C C C	J19.35	78%
6 De Bruyn TF 20, Rachel	14	Wollongong C C C	J18.32	74%
7 Hester (T20), Ellen	15	Broken Bay C C C	J19.34	70%
8 Filocamo T/F20, Jessica	14	C.G.S.S.S.A. C C C	19.48	69%
9 Hunter T/F20, Maddison	15	Lismore C C C	19.78	68%
10 Jackson T/F20, Cassandra	13	Lismore C C C	19.92	67%
11 Withers T21, Taj	13	Southern Sydney	27.53	49%

Event 81 Boys 16+ 100 Metre Sprint AWD

Name	Age	Team	Finals	H#
1 Jennings T35, Daniel	16	M.C.C. C C C	J15.81	98%
2 Christiansen T/F37, Mitc	16	Lismore C C C	J14.48	90%
3 Cameron (B3), Matthew	16	Maitland New C C C	J13.69R	87%
4 Mackintosh T20, Kyle	15	Southern Sydney	J14.46	82%

Event 82 Girls 16+ 100 Metre Sprint AWD

Name	Age	Team	Finals	H#
1 MalliganT/F35, Laura	18	Lismore C C C	J24.18	81%
2 Smith (T20), Katelyn	17	Broken Bay C C C	J16.90R	80%
3 Berry T/F44, Alexcen	17	Canberra Goul C C C	23.23	68%
4 Grunwald (T20), Tegan	18	Broken Bay C C C	J22.03	61%

Event 83 Boys 15+ 1500 Metre Race Walk

CCC: R 5:59.39 18/09/2009 Kyle Malone, M C S

Name	Age	Team	Finals
1 Doyle, Thomas	16	M.C.C. C C C	6:28.28
2 Owen, Damien	15	Maitland New C C C	7:21.05
3 Martin, Timothy	15	Lismore C C C	7:41.78
4 Estrada, Patrick	15	Parramatta C C C	7:51.39
5 Mooney, Brenton	18	M.C.S. C C C	8:39.19
6 Story, Connor	16	Broken Bay C C C	10:30.63

CCC 2013 - 13/09/2013

SOPAC

Results

Event 84 Girls 15+ 1500 Metre Race Walk

CCC: R 6:47.31 2008				Shannon Jennings, Parramatt	
Name	Age	Team		Finals	
1	Grujoski, Stephanie	16	C.G.S.S.S.A.	C C C	7:18.13
2	Denney, Hannah	18	C.G.S.S.S.A.	C C C	7:22.29
3	Barendregt, Amanda	17	Parramatta	C C C	7:33.11
4	Coote, Kerilee	17	Broken Bay	C C C	7:53.16
5	Dickerson, Georgina	15	Bath Wil Forb	C C C	8:07.93
6	Sund, Isabella	16	Wollongong	C C C	8:11.20
7	Shina, Adriana	16	Parramatta	C C C	8:31.46
8	Robson, Natalia	15	Lismore	C C C	9:00.11
9	Shanahan, Emily	16	Wollongong	C C C	9:03.37
10	Annear, Teeghan	17	Broken Bay	C C C	9:12.79
11	Stewart, Ashleigh	15	Lismore	C C C	10:00.75

Event 85 Boys 12-14 1500 Metre Race Walk

CCC: R 6:38.56 18/09/2009				Nathan Fazldad, M C S	
Name	Age	Team		Finals	
1	Bedford, Kyle	13	Parramatta	C C C	7:14.38
2	Thomson, Ryan	13	Parramatta	C C C	7:27.42
3	Clay, James	14	Wollongong	C C C	7:40.88
4	Barendregt, Travis	13	Parramatta	C C C	8:07.37
5	O' Connell, Declan	14	M.C.C.	C C C	8:17.74
6	Croke, Tristan	14	Broken Bay	C C C	8:18.31
7	Fedele, Giuseppe	13	M.C.C.	C C C	8:35.23
8	Walters, Corbin	14	Broken Bay	C C C	8:36.20
9	Kehoe, Jack	13	Maitland New	C C C	8:56.74
10	Spinks, Corey	13	M.C.S.	C C C	9:48.68
--	Tsokos, James	13	M.C.C.	C C C	DQ

Event 86 Girls 12-14 1500 Metre Race Walk

CCC: R 6:52.15 2005				Shannon Jennings, Parramatt	
Name	Age	Team		Finals	
1	Roukos, Raquel	13	Parramatta	C C C	7:21.03
2	Dickerson, Sophia	14	Bath Wil Forb	C C C	7:42.53
3	McCue-Shore, Ebony	13	Wollongong	C C C	7:48.80
4	Fletcher, Jasmine	12	C.G.S.S.S.A.	C C C	7:51.55
5	Saker, Tiffany	14	Broken Bay	C C C	7:51.89
6	Goodhew, Chelsea	14	Maitland New	C C C	8:10.27
7	Moon, Tayla	13	Wollongong	C C C	8:38.49
8	Grujoski, Alexandra	14	C.G.S.S.S.A.	C C C	8:41.90
9	Mylonas, Mia	13	Parramatta	C C C	8:43.97
10	Knight, Breearna	13	Lismore	C C C	8:47.41
11	Doyle, Josephine	14	S.C.C.	C.C.C.	9:01.98
12	Houston, Jessica	13	S.C.C.	C.C.C.	9:31.48
13	Walters, Brodie	12	Broken Bay	C C C	10:31.32

CCC 2013 - 13/09/2013

SOPAC

Results

Event 87 Boys 16+ 4x100 Metre Relay

CCC: R 43.20 2003		Lismore	
Team			Finals
1 M.C.S. C C C			43.35
2 St Patricks College			43.64
3 Wollongong C C C			44.27
4 Marist College Kogarah			45.98
5 Bath Wil Forb C C C			46.40
6 C.B.S.A. C C C			47.50
7 Maitland New C C C			49.84
-- Parramatta C C C			DNF

Event 88 Girls 16+ 4x100 Metre Relay

CCC: R 49.92 1999		Broken Bay	
Team			Finals
1 Mt St Benedict College			50.08
2 Loreto Kirrabilli			51.34
3 Parramatta C C C			52.24
4 St Patricks College			52.96
5 James Sheahan Orange			54.42
6 Lismore C C C			54.83
7 S.C.C. C.C.C.			56.07

Event 89 Boys 14-15 4x100 Metre Relay

CCC: R 45.51 2002		MCS		
Team			Finals	H#
1 Wollongong C C C			46.96	1
2 Lismore C C C			46.98	1
3 St Paul's Catholic College			47.14	1
4 Marist College Kogarah			47.64	1
5 St Patricks College			47.65	2
6 M.C.S. C C C			47.72	1
7 Parramatta C C C			48.23	2
8 St John's College Dubbo			48.46	2
9 C.B.S.A. C C C			48.96	2

Event 90 Girls 14-15 4x100 Metre Relay

CCC: R 50.51 14/09/2012		C.G.S.S.S.A. C C C, S C G S		
		M Walters, E Leal, A Kyriacou, J Sergis		
Team			Finals	H#
1 Wollongong C C C			50.72	1
2 C.G.S.S.S.A. C C C			51.73	1
3 St John Bosco College			51.76	1
4 Brigidine College			52.70	1
5 James Sheahan Orange			53.49	2
6 Maitland New C C C			53.58	2
7 Parramatta C C C			54.60	1
8 Lismore C C C			55.33	2
9 S.C.C. C.C.C.			55.64	2
-- Armidale C C C			DQ	1

CCC 2013 - 13/09/2013

SOPAC

Results

Event 91 Boys 12-13 4x100 Metre Relay

CCC: R 49.16 2002 MCS

Team	Finals	H#
1 Wollongong C C C	50.93	1
2 C.B.S.A. C C C	51.46	1
3 Edmund Rice College	51.65	1
4 Marist College Kogarah	51.97	1
5 Maitland New C C C	52.13	2
6 M.C.S. C C C	52.59	2
7 St Patricks College	53.12	2
7 St John's College Dubbo	53.12	2
9 Mater Maria Catholic College	53.56	1
10 Parramatta C C C	54.67	2

Event 92 Girls 12-13 4x100 Metre Relay

CCC: R 52.10 16/09/2011 Wollongong C C C, S W O L
M Hill, H Prouten, E Burke, E Connell

Team	Finals
1 Wollongong C C C	53.26
2 Brigidine College	53.68
3 Armidale C C C	53.82
4 Lismore C C C	55.65
5 C.G.S.S.S.A. C C C	56.32
6 Maitland New C C C	56.42
7 O L M C	56.92
8 S.C.C. C.C.C.	57.34

Event 93 Boys 18-19 400 Metre Sprint

CCC: R 50.36 13/09/2013 Jay Meaney, Lismore C C C

Name	Age Team	Finals
1 Meaney, Jay	18 Lismore C C C	50.36 New Record
2 Barnes, Jordan	18 Broken Bay C C C	51.78
3 Murray, Cyrus	18 M.C.S. C C C	53.71
4 Satterthwaite, Tom	18 Bath Wil Forb C C C	55.45
5 Gibbons, Braeden	18 Wollongong C C C	55.92
6 Mooney, Brenton	18 M.C.S. C C C	56.96
7 Manyang, Mayon	18 Maitland New C C C	1:05.45

Event 94 Girls 18-19 400 Metre Sprint

CCC: R 59.00 13/09/2013 Bethany Halmy, Broken Bay C C C

Name	Age Team	Finals
1 Halmy, Bethany	18 Broken Bay C C C	59.00 New Record
2 Cowie, Genevieve	18 Broken Bay C C C	1:00.94
3 McIver, Jamie	18 Southern Sydney	1:03.47
4 Tonge, Elizabeth	18 Lismore C C C	1:04.71
5 Hickey, Jade	17 C.G.S.S.S.A. C C C	1:05.65
6 Heiniger, Zoe	18 Lismore C C C	1:10.75

CCC 2013 - 13/09/2013

SOPAC

Results

Event 95 Boys 17 Years 400 Metre Sprint

=====						
CCC: R 51.82 13/09/2013 Joshua Kentwell, Wollongong C C						
Name	Age	Team		Finals	H#	
=====						
1 Kentwell, Joshua	17	Wollongong C C C		51.82	1	New Record
2 Cox, Simon	17	M.C.C. C C C		53.12	1	
3 Powe, Cameron	17	M.C.S. C C C		53.50	1	
4 Tribe, William	17	Maitland New C C C		53.82	2	
5 Cutrupi, Corey	17	M.C.S. C C C		55.47	1	
6 Mifsud, Tristan	17	Southern Sydney		55.79	2	
7 Nabaki, Steven	17	C.B.S.A. C C C		58.22	2	
8 Keirle, Declan	17	Lismore C C C		59.02	1	
-- Jones, Reece	17	Parramatta C C C		DQ	2	IAAF 163.3

Event 96 Girls 17 Years 400 Metre Sprint

=====						
CCC: R 58.21 13/09/2013 Stephanie Bain, Maitland New						
CCC: R 58.21 13/09/2013 Stephanie Bain, Maitland New						
Name	Age	Team		Finals		
=====						
1 Bain, Stephanie	17	Maitland New C C C		58.21		New Record
2 Berrell, Andrea	17	Wollongong C C C		1:00.35		
3 Blair, Kristie	17	Parramatta C C C		1:01.87		
4 Caldwell, Zoe	17	Canberra Goul C C C		1:02.32		
5 Harvey, Emma	17	Bath Wil Forb C C C		1:06.35		
6 Peters, Paulina	17	C.G.S.S.S.A. C C C		1:08.12		

Event 97 Boys 16 Years 400 Metre Sprint

=====						
CCC: R 48.98 16/09/2011 Jay Meaney, S L I S						
Name	Age	Team		Finals	H#	
=====						
1 Collett, Jack	16	Broken Bay C C C		50.74	1	
2 Crowe, Matt	16	M.C.C. C C C		51.03	1	
3 Waters, Cameron	16	M.C.S. C C C		54.14	2	
4 Kim, Nicholas	16	C.B.S.A. C C C		54.24	2	
5 Kumpulainen, Mats	16	M.C.S. C C C		54.26	1	
6 Griffin, Ryan	16	Bath Wil Forb C C C		54.82	1	
7 Nardi, Joshua	16	Parramatta C C C		55.11	2	
8 Wheatley, Liam	16	C.B.S.A. C C C		56.79	2	
9 Crocker, Riley	16	Southern Sydney		57.37	1	
10 Barca, Anthony	16	M.C.C. C C C		58.97	1	
11 Murray, Hayden	16	Canberra Goul C C C		1:00.22	2	
12 Homan, Kristian	16	Maitland New C C C		1:07.62	2	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 98 Girls 16 Years 400 Metre Sprint

CCC: R 58.47 2001		Lara Nicod, CGSSSA			
Name	Age	Team	Finals	H#	
1 Parker, Emily	16	Broken Bay C C C	1:01.11	1	
2 Duguid, Tayla	16	Parramatta C C C	1:03.76	3	
3 Leal, Erica	16	C.G.S.S.S.A. C C C	1:04.05	1	
4 McIver, Hayley	16	Southern Sydney	1:05.08	1	
5 Martinoski, Kristen	16	Wollongong C C C	1:06.30	3	
6 Wilson, Mikkaela	16	Armidale C C C	1:06.64	1	
7 Wright, Eleanor	16	Lismore C C C	1:07.47	1	
8 Hartcher, Millie	16	Maitland New C C C	1:07.76	3	
9 Romaniuk, Alisha	16	Maitland New C C C	1:08.18	3	
10 Murphy, Caitlin	16	S.C.C. C.C.C.	1:08.50	3	
11 Scullion, Madeline	16	Southern Sydney	1:09.01	3	
12 McLean, Jessica	16	Bath Wil Forb C C C	1:10.12	3	
13 Marquardt, Sonia	16	Bath Wil Forb C C C	1:10.25	3	
14 Houlihan, Georgia	16	Wagga Wagga C C C	1:14.32	3	

Event 99 Boys 15 Years 400 Metre Sprint

CCC: R 51.37 2004		Luke Hamer, CBSA			
Name	Age	Team	Finals	H#	
1 Moody, Oliver	15	Maitland New C C C	52.88	1	
2 Kerr, Will	15	M.C.S. C C C	54.03	1	
3 Caldwell, Jack	15	Canberra Goul C C C	54.39	3	
4 Foat, Nyor	15	M.C.S. C C C	54.72	1	
5 Day, Matthew	15	M.C.C. C C C	55.37	1	
6 James, Michael	15	Wollongong C C C	55.39	3	
7 Gaunt, Joel	15	Southern Sydney	55.46	1	
8 Feltis, Joseph	15	Lismore C C C	55.80	3	
9 kitiona, Paul	15	C.B.S.A. C C C	55.96	1	
10 Ward, Jordan	15	Wollongong C C C	57.27	3	
11 Rivett, Josh	15	Bath Wil Forb C C C	57.61	3	
12 Rodricks, Braeden	15	M.C.S. C C C	57.64	1	
13 Bailey, Gus	15	Broken Bay C C C	57.95	3	
14 Gilder, Nathan	15	Lismore C C C	59.01	3	
15 Eyers, Brendan	15	Parramatta C C C	1:01.89	3	
16 Wright, Julian	15	Bath Wil Forb C C C	1:05.67	3	

Event 100 Girls 15 Years 400 Metre Sprint

CCC: R 58.32 2002		Brooke Simpson, Southern Sydney			
Name	Age	Team	Finals	H#	
1 Harding, Lily	15	C.G.S.S.S.A. C C C	1:00.70	1	
2 Gomes, Sarah	15	Wollongong C C C	1:01.55	1	
3 Hopper, Emily	15	C.G.S.S.S.A. C C C	1:01.96	1	
4 Talevski, Ashleigh	15	S.C.C. C.C.C.	1:04.55	1	
5 Finch, Maddi	15	Parramatta C C C	1:05.32	2	
6 Blessing, Emma	15	Bath Wil Forb C C C	1:06.60	2	
7 Simpson, Kirsten	15	Broken Bay C C C	1:06.85	1	
8 Healey, Luisa	15	Southern Sydney	1:07.08	2	
9 Burke, Ebony	15	Lismore C C C	1:08.31	2	
10 Duncombe, Janica	15	Lismore C C C	1:10.18	2	
11 Withers, Jae	15	Southern Sydney	1:14.70	2	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 101 Boys 14 Years 400 Metre Sprint

CCC: R 52.11 2002		Samuel Voss, Wagga Wagga			
Name	Age	Team	Finals	H#	
1	May, Jaeger	14 Broken Bay C C C	57.49	1	
2	Lipowicz, Reece	14 Parramatta C C C	57.50	2	
3	Simmons, Jamel	14 Wollongong C C C	57.61	1	
4	Luciano, Jonothan	14 Southern Sydney	58.35	1	
5	Condylios, Thomas	14 Canberra Goul C C C	58.93	1	
6	Bennett, Jack	14 Broken Bay C C C	59.13	2	
7	Houbert, Jarrod	14 C.B.S.A. C C C	59.41	1	
8	Styles, Jacob	14 Bath Wil Forb C C C	59.49	2	
9	Davies, Harold	14 Parramatta C C C	59.72	1	
10	Yarak, Dorian	14 M.C.C. C C C	1:00.54	2	
11	Skrivanic, Luke	14 M.C.S. C C C	1:00.87	2	
12	Brown, Charles	14 Canberra Goul C C C	1:01.83	2	
13	Pascual, Dannoh	14 C.B.S.A. C C C	1:02.29	2	
14	Coulter, Ethan	14 Maitland New C C C	1:05.04	2	

Event 102 Girls 14 Years 400 Metre Sprint

CCC: R 59.00 2005		Alicia Keir, Southern Sydney			
Name	Age	Team	Finals	H#	
1	Katsoudas, Natasha	14 Wollongong C C C	1:00.39	1	
2	Thurgate, Chloe	14 Wollongong C C C	1:01.22	1	
3	Smith, Lillian	14 Broken Bay C C C	1:02.09	1	
4	Loughrey, Chelsea	14 Parramatta C C C	1:02.60	1	
5	Griffiths, Morgan	14 Southern Sydney	1:02.77	2	
6	Rigney, Tara	14 C.G.S.S.S.A. C C C	1:03.21	2	
7	Skinner, Joanne	14 Wollongong C C C	1:03.62	1	
8	McIver, Carlie	14 Southern Sydney	1:04.92	2	
9	Richards, Chloe	14 Bath Wil Forb C C C	1:05.53	2	
10	Harvey, Deenah	14 Maitland New C C C	1:05.83	2	
11	Mee, Claudia	14 C.G.S.S.S.A. C C C	1:06.40	2	
12	Saunders, Chloe	14 Lismore C C C	1:06.68	1	
13	Kaine, Hannah	14 S.C.C. C.C.C.	1:07.90	3	
14	Fuller, Carly	14 Lismore C C C	1:08.92	1	
15	Draper, Taylor	14 Bath Wil Forb C C C	1:08.93	3	
16	Depczynski, Celine	14 Armidale C C C	1:10.77	3	
17	Roose, Bella	14 Maitland New C C C	1:10.92	2	
18	Branson, Alex	14 Canberra Goul C C C	1:12.22	3	
19	King, Bonnie	14 Canberra Goul C C C	1:13.95	3	
20	Midon, Peiscilla	14 S.C.C. C.C.C.	1:16.18	3	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 103 Boys 13 Years 400 Metre Sprint

CCC: R 54.74 2002		Matthew Harris, Maitland/Newcast				
Name	Age	Team		Finals	H#	
1 Doris, Jordan	13	Wollongong C C C		54.97	1	
2 Ernst, Angus	13	Maitland New C C C		58.68	1	
3 Laxamana, Paolo	13	Parramatta C C C		59.78	1	
4 Foley, Thomas	13	Southern Sydney		1:00.51	2	
5 Golsby, Lachlan	13	M.C.C. C C C		1:01.07	2	
6 Loone, Christian	13	Broken Bay C C C		1:01.18	2	
7 Wright, Zachary	13	M.C.S. C C C		1:01.49	1	
8 Moran, Jaara	13	Wagga Wagga C C C		1:01.89	3	
9 Veerhuris, Kyle	13	Wollongong C C C		1:02.11	1	
10 Zaccazan, Dylan	13	Parramatta C C C		1:02.42	2	
11 Ohmer, Donald	13	C.B.S.A. C C C		1:02.72	1	
12 Gaunt, Chadd	13	Southern Sydney		1:02.85	2	
13 Ward, Rhys	13	Bath Wil Forb C C C		1:02.97	3	
14 Saint, Alexander	13	Bath Wil Forb C C C		1:03.74	3	
15 Sheaves, Jack	13	Lismore C C C		1:03.84	2	
16 O'Shanessy, Riley	13	Canberra Goul C C C		1:03.94	3	
17 Montgomery, Paddy	13	Armidale C C C		1:04.23	3	
18 Whiting, Thomas	13	Wagga Wagga C C C		1:09.23	3	

Event 104 Girls 13 Years 400 Metre Sprint

CCC: R 59.78 2008		Natalie McDonnell, Lismore				
Name	Age	Team		Finals	H#	
1 De Gruchy, Helena	13	Broken Bay C C C		1:00.46	1	
2 Eaton, Madeline	13	Wollongong C C C		1:04.14	1	
3 Healey, Georgia	13	Southern Sydney		1:04.40	2	
4 Cullen, Erin	13	Maitland New C C C		1:04.65	1	
5 Devitt, Kathryn	13	Broken Bay C C C		1:04.90	2	
6 Leslie, Kiara	13	Wollongong C C C		1:06.43	1	
7 Withers, Clara	13	Lismore C C C		1:06.60	2	
8 Beckett, Antonia	13	C.G.S.S.S.A. C C C		1:07.66	1	
9 Cains, Lily	13	Maitland New C C C		1:08.10	2	
10 Ostrowski, Lexie	13	Lismore C C C		1:08.50	2	
11 Nixon, Darcee	13	Bath Wil Forb C C C		1:08.80	2	
12 Cole, Mikaela	13	Wagga Wagga C C C		1:09.22	3	
13 Carroll, Ashleigh	13	Canberra Goul C C C		1:10.19	3	
14 Annis-Brown, Brie	13	Bath Wil Forb C C C		1:10.26	3	
15 Chaves, Chermay	13	S.C.C. C.C.C.		1:10.68	3	
16 Ly, Isabelle	13	S.C.C. C.C.C.		1:11.66	3	
17 Wall, Tori	13	Canberra Goul C C C		1:13.00	3	
18 Leadbetter, Maia	13	C.G.S.S.S.A. C C C		1:17.00	2	

Event 105 Boys 12 Years Shot Put

CCC: R 14.56m 16/09/2011		Pita Toamotu, S M C C				
Name	Age	Team		Finals		
1 Reilly, Vincent	12	Bath Wil Forb C C C		10.77m		
2 Dobrolvony, Jan	12	C.B.S.A. C C C		10.27m		
3 Patolo-Vitale, Christian	12	M.C.C. C C C		9.57m		
4 Panetta, Riley	12	Broken Bay C C C		9.54m		
5 Agius, Josh	12	Parramatta C C C		9.18m		
6 Carney, Hugh	12	Maitland New C C C		8.54m		
7 Glasson, Joshua	12	Southern Sydney		8.52m		
8 El Haddad, Raymond	12	M.C.S. C C C		J8.52m		
9 Calderbank-Park, Kye	12	Wollongong C C C		8.50m		
10 Martin, Sebastian	12	Armidale C C C		8.17m		
11 Brown, Eric	12	Canberra Goul C C C		7.85m		
12 Dwyer, Joshua	12	Lismore C C C		7.27m		

CCC 2013 - 13/09/2013

SOPAC

Results

Event 106 Girls 12 Years Shot Put

CCC: R 11.43m 2008		Paletina Lemi, Parramatta		
Name	Age	Team		Finals
1 Evans, Kiahna	12	Wagga Wagga	C C C	9.80m
2 Kilisiemi, Seneti	12	C.G.S.S.S.A.	C C C	8.59m
3 Thomas, Dakota	12	Maitland New	C C C	8.27m
4 Brazel, Isabelle	12	Armidale	C C C	7.84m
5 Connelly, Laura	12	Lismore	C C C	7.69m
6 Leonard, Kaitlin	12	Wollongong	C C C	7.56m
7 Montgomery, Pypah	12	Bath Wil Forb	C C C	7.15m
8 Allsop, Keely	12	Broken Bay	C C C	6.66m
9 Marabello, Alyssa	12	Southern Sydney		6.54m
10 Steiner, Gabrielle	12	Canberra Goul	C C C	6.39m
-- Perkins, Eliza	12	Armidale	C C C	ND

Event 107 Boys 12-15 Shot Put AWD

Name	Age	Team		Finals
1 Bertalli T/F37, James	15	Lismore	C C C	10.66mR 85%
2 Allan T/F37, Gordon	15	M.C.S.	C C C	7.79m 62%
3 Bright (T 40 / 41), Roha	15	Broken Bay	C C C	6.18m 50%
4 Becker, Travis	15	Wollongong	C C C	5.64m 39%
5 Bonsembiante, Xavier	13	Canberra Goul	C C C	5.41m 37%
6 Fensling T/F20, Jhye	13	Lismore	C C C	5.32m 36%
7 Walker T20, Max	13	Southern Sydney		5.31m 36%

Event 108 Girls 12-15 Shot Put AWD

Name	Age	Team		Finals
1 Thorne, Sophie	15	Wollongong	C C C	J5.60m 56%
2 Maloney Tf20, Krystal	14	Parramatta	C C C	J5.87mR 55%
3 Hester (T20), Ellen	15	Broken Bay	C C C	4.74m 44%
4 Hunter T/F20, Maddison	15	Lismore	C C C	4.57m 43%
5 Filocamo T/F20, Jessica	14	C.G.S.S.S.A.	C C C	4.54m 42%
6 De Bruyn TF 20, Rachel	14	Wollongong	C C C	4.44m 41%
7 Liddy (T20), Juliet	14	Broken Bay	C C C	3.92m 36%
8 Withers T21, Taj	13	Southern Sydney		3.39m 32%

Event 109 Boys 16+ Shot Put AWD

Name	Age	Team		Finals
1 Jennings T35, Daniel	16	M.C.C.	C C C	8.40mR 78%
2 Mackintosh T20, Kyle	15	Southern Sydney		6.92m 48%
3 Christiansen T/F37, Mitc	16	Lismore	C C C	5.28m 42%

Event 110 Girls 16+ Shot Put AWD

Name	Age	Team		Finals
1 Berry T/F44, Alexcen	17	Canberra Goul	C C C	8.00mR 92%
2 Smith (T20), Katelyn	17	Broken Bay	C C C	7.81m 73%
3 MalliganT/F35, Laura	18	Lismore	C C C	3.47m 55%
4 Grunwald (T20), Tegan	18	Broken Bay	C C C	2.58m 24%

CCC 2013 - 13/09/2013

SOPAC

Results

Event 111 Boys 14 Years Discus Throw

CCC: R 54.27m 13/09/2013 Pita Toamotu, M.C.C. C C C				
Name	Age	Team		Finals
1 Toamotu, Pita	14	M.C.C.	C C C	54.27m Record
2 Currie, Hayden	14	Parramatta	C C C	42.56m
3 Argall, Joshua	14	Maitland New	C C C	39.91m
4 Moussa, Sammy	14	C.B.S.A.	C C C	36.32m
5 Delailoa, Joshua	14	M.C.S.	C C C	32.03m
6 Eaton, Charlie	14	Wollongong	C C C	24.91m
7 McCann, Sam	14	Canberra Goul	C C C	23.20m
8 Kennedy, Ethan	14	Bath Wil Forb	C C C	5.87m

Event 112 Girls 14 Years Discus Throw

CCC: R 43.24m 18/09/2009 Filoi Aokuso, Armidale				
Name	Age	Team		Finals
1 Broadhead, Olivia	14	Parramatta	C C C	32.07m
2 Duffy, Lana	14	Wagga Wagga	C C C	31.82m
3 Burchell, Shannon	14	S.C.C.	C.C.C.	28.34m
4 Armstrong, Brooke	14	Maitland New	C C C	25.94m
5 Carrasco, Belinda	14	Wollongong	C C C	24.46m
6 Cruickshank, Siarra	14	Armidale	C C C	24.21m
7 Saunders, Chloe	14	Lismore	C C C	22.72m
8 Feletto, Lara	14	Canberra Goul	C C C	20.86m
9 Kay, Claudia	14	Bath Wil Forb	C C C	19.84m
10 Chan, Gabi	14	Broken Bay	C C C	19.82m
11 Lambert, Georgia	14	Southern Sydney		19.66m
12 Minutolo, Irene	14	C.G.S.S.S.A.	C C C	18.90m

Event 113 Boys 15 Years Javelin Throw

CCC: R 57.11m 16/09/2011 Rhys Stein, S M C S				
Name	Age	Team		Finals
1 Davis, Kyle	15	Wagga Wagga	C C C	49.12m
2 Pippo, Giacomo	15	Lismore	C C C	43.56m
3 O'Brien, Mitchel	15	Bath Wil Forb	C C C	42.38m
4 Wall, Casey	15	Canberra Goul	C C C	41.72m
5 Rodricks, Braeden	15	M.C.S.	C C C	41.25m
6 Tuimavave, Joseph	15	Parramatta	C C C	J41.25m
7 Thompson, Brandon	15	Maitland New	C C C	39.39m
8 Taouk, Tony	15	C.B.S.A.	C C C	30.76m
9 Morison, Lachlan	15	Broken Bay	C C C	27.89m
10 Zimaras, Leo	15	M.C.C.	C C C	26.84m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 114 Girls 15 Years Javelin Throw

CCC: R 39.67m 2000				Samantha Pearson, Parramatta	
Name	Age	Team		Finals	
1 Bokeyar, Rosie	15	C.G.S.S.S.A.	C C C	33.81m	
2 Slowikowski, Kasia	15	Southern Sydney		29.11m	
3 Robinson, Grace	15	S.C.C.	C.C.C.	28.74m	
4 Cavanagh, Annika	15	Canberra Goul	C C C	27.74m	
5 Pilosio, Jennifer	15	Wagga Wagga	C C C	25.75m	
6 Webster, Rebecca	15	Maitland New	C C C	23.83m	
7 LoMonaco, Taylor	15	Lismore	C C C	J23.83m	
8 Wearne, Ellen	15	Broken Bay	C C C	23.39m	
9 MacPherson, Brianna	15	Armidale	C C C	21.48m	
10 Schnabel, Lyndal	15	Southern Sydney		19.13m	
11 Lipscombe, Rachel	15	Parramatta	C C C	18.32m	
12 Cowden, Kaitlyn	15	Bath Wil Forb	C C C	18.20m	
13 Parnell, Isabel	15	Wollongong	C C C	14.46m	

Event 115 Boys 16 Years Long Jump

CCC: R 6.80m 18/09/2009				Thomas Soliman, Parramatta	
Name	Age	Team		Finals	
1 Parkinson, Joshua	16	Broken Bay	C C C	6.65m	
2 Fakiye, Emmanuel	16	M.C.S.	C C C	6.32m	
3 Crowe, Matt	16	M.C.C.	C C C	6.11m	
4 McElhone, Jayme	16	Wollongong	C C C	5.97m	
5 Snow, Michael	16	Lismore	C C C	5.79m	
6 Bird, Robert	16	Parramatta	C C C	5.74m	
7 Lentini, Andrew	16	Southern Sydney		5.69m	
8 Bowen, Jye	16	Maitland New	C C C	5.67m	
9 Visco, Taylor	16	Lismore	C C C	5.49m	
10 Lang, Bailey	16	C.B.S.A.	C C C	5.37m	

Event 116 Girls 16 Years Long Jump

CCC: R 5.50m 13/09/2013				Audrey Kyriacou, C.G.S.S.S.A.	
Name	Age	Team		Finals	
1 Kyriacou, Audrey	16	C.G.S.S.S.A.	C C C	5.50m	Record
2 Ingram, Maddison	16	Maitland New	C C C	5.14m	
3 Russell, Lauren	16	Parramatta	C C C	4.93m	
4 Neilly, Chloe	16	Parramatta	C C C	4.91m	
5 Jaeger, Lucy	16	Armidale	C C C	4.75m	
6 McLean, Jessica	16	Bath Wil Forb	C C C	4.68m	
7 Jenkins, Amber	16	Lismore	C C C	4.67m	
8 Taylor, Madeleine	16	Wollongong	C C C	4.21m	
9 Villar, Tahlia	16	S.C.C.	C.C.C.	4.04m	

Event 117 Boys 13 Years High Jump

CCC: R 1.77m 2003				Michael Cox, Bath/Wil/Forb	
Name	Age	Team		Finals	
1 Terry, John	13	Bath Wil Forb	C C C	1.63m	
2 Lang, Kyle	13	Broken Bay	C C C	1.60m	
3 Johnston, Mitchell	13	Wollongong	C C C	J1.60m	
4 Cini, Zachary	13	M.C.S.	C C C	J1.60m	
5 O'Shanessy, Riley	13	Canberra Goul	C C C	1.55m	
6 Dive, Matthew	13	M.C.C.	C C C	J1.55m	
7 Mihai, Mitchell	13	Lismore	C C C	1.40m	
8 Davis, Charlie	13	Southern Sydney		J1.40m	
9 Stephens, Jayden	13	Maitland New	C C C	J1.40m	
-- Mazando, Kudai	13	C.B.S.A.	C C C	NH	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 118 Girls 13 Years High Jump

CCC: R 1.69m 2005		Laura Turner, Southern Sydney		
Name	Age	Team		Finals
1 Sovilj, Mercedes	13	Wollongong C C C		1.55m
2 Whelan, Emily	13	Maitland New C C C		1.50m
3 Moon, Britany	13	Wollongong C C C		J1.50m
4 Kalnin, Georgia	13	Southern Sydney		J1.50m
5 Clissold, Jaiime	13	Armidale C C C		1.45m
6 Weidenhofer, Jessica	13	Broken Bay C C C		J1.45m
7 Chapman, Natalie	13	Parramatta C C C		J1.45m
8 Stanberg, Jasmine	13	Canberra Goul C C C		1.40m
9 Towell, Rylee	13	S.C.C. C.C.C.		J1.40m
10 Farnham, Kara	13	C.G.S.S.S.A. C C C		J1.40m
11 Hoy, Jessica	13	Lismore C C C		1.30m

Event 119 Boys 18-19 Shot Put

CCC: R 11.46m 13/09/2013		Tuuta Langi, M.C.S. C C C		
Name	Age	Team		Finals
1 Langi, Tuuta	18	M.C.S. C C C		11.46m New Record
2 Kendall, Nathan	18	Southern Sydney		11.32m
3 Geary, Marcus	18	Lismore C C C		11.01m
4 Haklany, Patrick	18	C.B.S.A. C C C		10.14m

Event 120 Girls 18-19 Shot Put

CCC: R 8.95m 13/09/2013		Danita Lane, Bath Wil Forb C		
Name	Age	Team		Finals
1 Lane, Danita	18	Bath Wil Forb C C C		8.95m New Record
2 Enright, Winona	18	C.G.S.S.S.A. C C C		7.96m
3 Simmons, Nicola	18	Broken Bay C C C		7.60m
4 Summers, Briannah	18	Lismore C C C		7.07m
5 Akuma, Clare	18	Maitland New C C C		6.87m

Event 121 Boys 13 Years Discus Throw

CCC: R 47.52m 14/09/2012		Pita Toamotu, S M C C		
Name	Age	Team		Finals
1 Ohmer, Donald	13	C.B.S.A. C C C		43.96m
2 Brown-Vaelua, E J	13	M.C.S. C C C		42.02m
3 Tait, Ben	13	M.C.S. C C C		37.05m
4 Davis, Charlie	13	Southern Sydney		27.20m
5 Cotello, Salvatore	13	Parramatta C C C		25.80m
6 Ilott, Coen	13	M.C.C. C C C		25.65m
7 O'Shanessy, Riley	13	Canberra Goul C C C		23.21m
8 Clarke, Jed	13	Lismore C C C		23.04m
9 Loves, Ethan	13	Wollongong C C C		22.90m
10 Mawson, Evan	13	Broken Bay C C C		21.63m
11 Dyson, Benjamin	13	Maitland New C C C		19.64m
12 Braithwaite, Jack	13	Bath Wil Forb C C C		16.64m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 122 Girls 13 Years Discus Throw

CCC: R 39.82m 2008 Filoi Aokusu, Parramatta

Name	Age	Team	Finals
1 Whitehead, Genevieve	13	Armidale C C C	28.11m
2 Dimon, Alexis	13	Southern Sydney	26.63m
3 McIntyre, Maddison	13	Wagga Wagga C C C	24.90m
4 Smelt, Emily	13	C.G.S.S.S.A. C C C	24.24m
5 Rotunno, Olivia	13	Parramatta C C C	23.91m
6 Thompson, Mackenzie	13	Bath Wil Forb C C C	23.45m
7 Penfold, Tiffany	13	Canberra Goul C C C	23.26m
8 Johnson, Ebony	13	Wollongong C C C	22.54m
9 Ritchie, Josephine	13	Broken Bay C C C	20.98m
10 Cains, Lily	13	Maitland New C C C	19.22m
11 Enright, Jemma	13	Lismore C C C	17.88m
12 Ferkula-Cohen, Katerina	13	S.C.C. C.C.C.	16.90m

Event 123 Boys 14 Years Javelin Throw

CCC: R 52.69m 1998 Chris McCauley, MCS

Name	Age	Team	Finals
1 Argall, Joshua	14	Maitland New C C C	40.54m
2 Toamotu, Pita	14	M.C.C. C C C	40.37m
3 Dunlop, Ashley	14	Bath Wil Forb C C C	35.51m
4 Nader, Jordan	14	C.B.S.A. C C C	34.05m
5 Cronin, Levi	14	Canberra Goul C C C	33.51m
6 Luciano, Jonothan	14	Southern Sydney	31.79m
7 Makelim, Zac	14	M.C.S. C C C	29.31m
8 Henshaw, Paul	14	Wollongong C C C	28.50m
9 Fahey, Taquin	14	Broken Bay C C C	26.79m
10 Bernar, Alex	14	M.C.S. C C C	24.36m

Event 124 Girls 14 Years Javelin Throw

CCC: R 32.41m 13/09/2013 Claire Evans, Lismore C C C

Name	Age	Team	Finals
1 Evans, Claire	14	Lismore C C C	32.41m Record
2 Cruickshank, Siarrah	14	Armidale C C C	30.02m
3 Newton, Abigail	14	Parramatta C C C	29.75m
4 Minutolo, Irene	14	C.G.S.S.S.A. C C C	25.41m
5 Carrasco, Belinda	14	Wollongong C C C	J25.41m
6 Grant, Emily	14	Maitland New C C C	21.57m
7 Mayjor, Kate	14	Broken Bay C C C	21.45m
8 Duffy, Lana	14	Wagga Wagga C C C	20.38m
9 Youssef, Denise	14	S.C.C. C.C.C.	18.37m
10 Wojtowicz, Kasia	14	Southern Sydney	15.23m
11 Williams, Kirralaa	14	Bath Wil Forb C C C	12.76m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 125 Boys 15 Years Long Jump

CCC: R 6.46m 2006				Dallan Stanton, Wagga Wagga	
Name	Age	Team		Finals	
1 Pearce, Jay	15	Parramatta C C C		5.82m	
2 Moody, Oliver	15	Maitland New C C C		5.71m	
3 Caldwell, Jack	15	Canberra Goul C C C		5.69m	
4 Feltis, Joseph	15	Lismore C C C		5.67m	
5 Lucas, Joshua	15	Southern Sydney		5.65m	
6 Holton, Andrew	15	C.B.S.A. C C C		J5.65m	
7 Wilson, Luke	15	M.C.S. C C C		5.53m	
8 McGrath, Darcy	15	M.C.C. C C C		5.49m	
9 Winsor, Matthew	15	Broken Bay C C C		5.44m	
10 Quinten, Daniel	15	Wollongong C C C		5.17m	

Event 126 Girls 15 Years Long Jump

CCC: R 5.54m 14/09/2012				Audrey Kyriacou, S C G S	
Name	Age	Team		Finals	
1 Ruse, Melanie	15	Parramatta C C C		5.19m	
2 Linton, Courtney	15	Lismore C C C		5.13m	
3 Fitzsimmons, Melissa	15	Broken Bay C C C		4.97m	
4 Smyth, Bec	15	Armidale C C C		4.94m	
5 Perkins, Sophie	15	Armidale C C C		4.90m	
6 Garrett, Taylor	15	Parramatta C C C		4.75m	
7 Carney, Charisse	15	Maitland New C C C		4.71m	
8 Harbison, Tessa	15	Wagga Wagga C C C		4.70m	
9 Schnabel, Lyndal	15	Southern Sydney		4.64m	
10 Talevski, Ashleigh	15	S.C.C. C.C.C.		4.63m	
11 Hill, Mikayla	15	Wollongong C C C		J4.63m	
12 Muscat, Olivia	15	Canberra Goul C C C		4.56m	
13 Healey, Hanna	15	Bath Wil Forb C C C		4.51m	
14 Jukic, Veronica	15	C.G.S.S.S.A. C C C		4.46m	

Event 127 Boys 17 Years High Jump

CCC: R 1.78m 13/09/2013				Jonathon Grozdanovski, M.C.C.	
Name	Age	Team		Finals	
1 Grozdanovski, Jonathon	17	M.C.C. C C C		1.78m	New Record
2 Weekes, Sean	17	M.C.S. C C C		J1.78mR	
3 McCann, Luke	17	Canberra Goul C C C		J1.78mR	
4 Hull, Jack	17	C.B.S.A. C C C		1.75m	
5 Berkeley, William	17	Wollongong C C C		1.70m	
6 Bailey, Max	17	Broken Bay C C C		J1.70m	

Event 128 Girls 17 Years High Jump

CCC: R 1.65m 13/09/2013				Rebecca Clark, Broken Bay C C	
CCC: R 1.65m 13/09/2013				Rebecca Clark, Broken Bay C C	
Name	Age	Team		Finals	
1 Clark, Rebecca	17	Broken Bay C C C		1.65m	New Record
2 Power, Jemma	17	Wagga Wagga C C C		1.53m	
3 Power, Chantelle	17	Maitland New C C C		1.50m	
4 Macrow-Cain, Alana	17	Lismore C C C		1.45m	
4 Seve, Megan	17	C.G.S.S.S.A. C C C		1.45m	
6 Simmons, Lauren	17	C.G.S.S.S.A. C C C		J1.45m	
7 Kidd, Emerson	17	Canberra Goul C C C		1.35m	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 129 Boys 16 Years Shot Put

CCC: R 19.90m 2005		Emmanuel Fuamatu, MCS		
Name	Age	Team		Finals
1 Youssef, Hadi-Peter	16	M.C.C.	C C C	13.96m
2 Toa, Senio	16	M.C.S.	C C C	13.64m
3 Curzi, Sam	16	Maitland New	C C C	12.13m
4 Poulivaati, Lashaun	16	C.B.S.A.	C C C	11.99m
5 Uele, Faatui	16	Parramatta	C C C	11.98m
6 Zuchetto, Paul	16	Canberra Goul	C C C	11.87m
7 Armstrong, Angus	16	Broken Bay	C C C	11.57m
8 Jenkins, Tristan	16	Lismore	C C C	11.52m
9 MacIver, Chayse	16	Wollongong	C C C	11.32m
10 Gibbons, Jackson	16	Southern Sydney		11.31m

Event 130 Girls 16 Years Shot Put

CCC: R 13.72m 2006		Lomana Fagatui, Wollongong		
Name	Age	Team		Finals
1 Sorensen, Bridgette	16	Bath Wil Forb	C C C	11.79m
2 Minutolo, Tania	16	C.G.S.S.S.A.	C C C	11.67m
3 Hulley, Alexandra	16	Parramatta	C C C	11.42m
4 Dimon, Monica	16	Southern Sydney		11.36m
5 O'Fahengaue, Melaea	16	Broken Bay	C C C	9.70m
6 Rios, Jaimie-Lee	16	S.C.C.	C.C.C.	9.04m
7 Briscoe, Georgia	16	Wollongong	C C C	8.48m
8 Weaver, Jessica	16	Lismore	C C C	8.34m
9 Reisma, Rebecca	16	Canberra Goul	C C C	7.93m

Event 131 Boys 12 Years Discus Throw

CCC: R 44.38m 16/09/2011		Pita Toamotu, S M C C		
Name	Age	Team		Finals
1 Reilly, Vincent	12	Bath Wil Forb	C C C	34.76m
2 Patolo-Vitale, Christian	12	M.C.C.	C C C	27.64m
3 Baker, Aaron	12	M.C.S.	C C C	26.18m
4 Carney, Hugh	12	Maitland New	C C C	25.94m
5 Blake, Lachlan	12	Broken Bay	C C C	23.18m
6 Martin, Sebastian	12	Armidale	C C C	22.84m
7 Pese, Edward	12	Parramatta	C C C	22.48m
8 Tran, Andy	12	C.B.S.A.	C C C	18.09m
9 Glasson, Joshua	12	Southern Sydney		17.40m
10 Patyus, Anthony	12	Canberra Goul	C C C	15.72m
-- Parks, Dylan	12	Lismore	C C C	ND

Event 132 Girls 12 Years Discus Throw

CCC: R 38.12m 18/09/2009		Monica Dimon, Southern Sydne		
Name	Age	Team		Finals
1 Evans, Kiahna	12	Wagga Wagga	C C C	37.20m
2 Thind, Harleen	12	Parramatta	C C C	24.04m
3 Kilisiami, Seneti	12	C.G.S.S.S.A.	C C C	22.98m
4 Pippo, Victoria	12	Lismore	C C C	20.43m
5 Marabello, Alyssa	12	Southern Sydney		20.35m
6 Knight, Jessica	12	Broken Bay	C C C	20.31m
7 Montgomery, Pypah	12	Bath Wil Forb	C C C	19.79m
8 Leonard, Kaitlin	12	Wollongong	C C C	19.08m
9 Brazel, Isabelle	12	Armidale	C C C	18.07m
10 Cirjak, Caudia	12	S.C.C.	C.C.C.	17.87m
11 Steiner, Gabrielle	12	Canberra Goul	C C C	17.39m
12 Allen, Amber	12	Maitland New	C C C	16.40m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 133 Boys 12-15 Discus Throw AWD

Name	Age	Team	Finals
1 Bright (T 40 / 41), Roha	15	Broken Bay C C C	J19.46mR 168%
2 Allan T/F37, Gordon	15	M.C.S. C C C	J20.25mR 49%
3 Walker T20, Max	13	Southern Sydney	14.03m 36%
4 Fensling T/F20, Jhye	13	Lismore C C C	11.36m 29%
5 Becker, Travis	15	Wollongong C C C	9.74m 24%
6 Bonsembiante, Xavier	13	Canberra Goul C C C	6.63m 17%
-- Bertalli T/F37, James	15	Lismore C C C	FOUL

Event 134 Girls 12-15 Discus Throw AWD

Name	Age	Team	Finals
1 Maloney Tf20, Krystal	14	Parramatta C C C	9.42mR 31%
2 Liddy (T20), Juliet	14	Broken Bay C C C	8.64m 29%
3 Jackson T/F20, Cassandra	13	Lismore C C C	8.31m 28%
4 Filocamo T/F20, Jessica	14	C.G.S.S.S.A. C C C	8.28m 27%
5 Withers T21, Taj	13	Southern Sydney	7.87m 26%
6 Hester (T20), Ellen	15	Broken Bay C C C	5.65m 18.8%

Event 135 Boys 16+ Discus Throw AWD

Name	Age	Team	Finals
1 Jennings T35, Daniel	16	M.C.C. C C C	15.72mR 52%
2 Christiansen T/F37, Mitc	16	Lismore C C C	14.14m 34%

Event 136 Girls 16+ Discus Throw AWD

Name	Age	Team	Finals
1 Smith (T20), Katelyn	17	Broken Bay C C C	18.91mR 63%
2 Berry T/F44, Alexcen	17	Canberra Goul C C C	13.17m 44%
3 MalliganT/F35, Laura	18	Lismore C C C	5.67m 41%
4 Grunwald (T20), Tegan	18	Broken Bay C C C	4.55m 15%

Event 137 Boys 13 Years Javelin Throw

Name	Age	Team	Finals
CCC: R 46.26m 1997			Chris McCauley, MCS
1 Ohmer, Donald	13	C.B.S.A. C C C	38.00m
2 Tasker, Jaidon	13	Armidale C C C	37.31m
3 Gleeson, Luke	13	M.C.S. C C C	36.43m
4 Golsby, Lachlan	13	M.C.C. C C C	33.56m
5 Harrington, Rory	13	Wollongong C C C	29.04m
6 Walters, Jarryd	13	Broken Bay C C C	27.63m
7 Greaves, Rex	13	Maitland New C C C	27.26m
8 O'Shanessy, Riley	13	Canberra Goul C C C	27.23m
9 Terry, John	13	Bath Wil Forb C C C	21.78m
10 McGregor, Dylan	13	Southern Sydney	20.98m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 138 Girls 13 Years Javelin Throw

CCC: R 36.64m 2006 Tegan Smith, Armidale

Name	Age	Team	Finals
1 Milakovic, Natasha	13	Parramatta C C C	28.48m
2 Thompson, Mackenzie	13	Bath Wil Forb C C C	25.41m
3 Grant, Kassidy	13	Broken Bay C C C	24.81m
4 Stanberg, Jasmine	13	Canberra Goul C C C	22.73m
5 Johnson, Ebony	13	Wollongong C C C	22.35m
6 Sercombe, Morgan	13	Armidale C C C	19.91m
7 Avery, Scarlet	13	Maitland New C C C	19.83m
8 Smelt, Emily	13	C.G.S.S.S.A. C C C	19.39m
9 Hartwig, Jada	13	Bath Wil Forb C C C	16.37m
10 Langley, Naomi	13	Lismore C C C	15.59m
11 Turner, Rhianna	13	Southern Sydney	13.64m
12 McIntyre, Maddison	13	Wagga Wagga C C C	13.02m

Event 139 Boys 17 Years Long Jump

CCC: R 6.41m 13/09/2013 Liam Cashman, Southern Sydney

Name	Age	Team	Finals
1 Cashman, Liam	17	Southern Sydney	6.41m New Record
2 Stein, Rhys	17	M.C.S. C C C	6.17m
3 Giles, Liam	17	Lismore C C C	5.91m
4 Robertson, Jake	17	Parramatta C C C	5.77m
5 McCann, Luke	17	Canberra Goul C C C	5.64m
6 Graham, Rhett	17	Armidale C C C	5.62m
7 Cridland, Ethan	17	Maitland New C C C	5.57m
8 Torres, Thomas	17	C.B.S.A. C C C	5.53m
8 Arthur, Joseph	17	Bath Wil Forb C C C	5.53m
10 Davis, Abr	17	M.C.C. C C C	5.39m

Event 140 Girls 17 Years Long Jump

CCC: R 5.70m 13/09/2013 Sachi Kayama, C.G.S.S.S.A. C

Name	Age	Team	Finals
1 Kayama, Sachi	17	C.G.S.S.S.A. C C C	5.70m New Record
2 Power, Jemma	17	Wagga Wagga C C C	4.99m
3 Power, Chantelle	17	Maitland New C C C	4.90m
3 Rushton, Madeleine	17	Parramatta C C C	4.90m
5 Clark, Rebecca	17	Broken Bay C C C	4.89m
6 Kidd, Emerson	17	Canberra Goul C C C	4.81m
7 Kuilder, Arielle	17	Wollongong C C C	4.80m
8 Cutrupi, Jessica	17	S.C.C. C.C.C.	4.48m
9 Macrow-Cain, Alana	17	Lismore C C C	4.43m

Event 141 Boys 18-19 High Jump

CCC: R 1.78m 13/09/2013 Ben Van Den Neiwenhof, M.C.S.

Name	Age	Team	Finals
1 Van Den Neiwenhof, Ben	18	M.C.S. C C C	1.78m New Record
2 Fitzpatrick, Ben	18	Lismore C C C	1.75m
3 Carr, Thomas	18	Southern Sydney	1.70m
-- Phibbs, Chris	18	C.B.S.A. C C C	NH

CCC 2013 - 13/09/2013

SOPAC

Results

Event 142 Girls 18-19 High Jump

CCC: R 1.59m 13/09/2013 Julia O'Shea, Bath Wil Forb C					
Name	Age	Team		Finals	
1 O'Shea, Julia	18	Bath Wil Forb C C C		1.59m	New Record
2 Sibraa, Clare	18	Parramatta C C C		1.45m	
3 Phillips, Kate	18	C.G.S.S.S.A. C C C		1.35m	
3 Dibley, Mary	18	Lismore C C C		1.35m	

Event 143 Boys 15 Years Shot Put

CCC: R 19.01m 2004 Emmanuel Fuamatu, MCS					
Name	Age	Team		Finals	
1 Starr, Elliott	15	Lismore C C C		15.70m	
2 Pippo, Giacomo	15	Lismore C C C		15.49m	
3 Brown-Vaelua, Cyrus	15	M.C.S. C C C		13.31m	
4 Davis, Kyle	15	Wagga Wagga C C C		13.06m	
5 Poniris, Christian	15	M.C.C. C C C		11.32m	
6 Wall, Casey	15	Canberra Goul C C C		11.23m	
7 Manoa, Tui	15	C.B.S.A. C C C		11.19m	
8 Eggins, Richard	15	Bath Wil Forb C C C		10.82m	
9 Critchley, Mark	15	Wollongong C C C		10.30m	

Event 144 Girls 15 Years Shot Put

CCC: R 14.90m 13/09/2013 Grace Robinson, S.C.C. C.C.					
Name	Age	Team		Finals	
1 Robinson, Grace	15	S.C.C. C.C.C.		14.90m	Record
2 Higgins, Tegan	15	Armidale C C C		11.57m	
3 Rotunno, Emily	15	Parramatta C C C		10.45m	
4 Vaingalo, Ruby	15	C.G.S.S.S.A. C C C		9.97m	
5 Schnabel, Lyndal	15	Southern Sydney		9.88m	
6 McGartland, Rylee	15	Wollongong C C C		9.57m	
7 Brennan, Laikan	15	Bath Wil Forb C C C		9.56m	
8 Robson, Natalia	15	Lismore C C C		9.32m	
9 Parkman, Bridget	15	Canberra Goul C C C		8.79m	
10 Carney, Charisse	15	Maitland New C C C		8.73m	
11 Graziani, Isabella	15	Canberra Goul C C C		8.61m	
12 Wellington, Jessica	15	Broken Bay C C C		8.03m	

Event 145 Boys 17 Years Discus Throw

CCC: R 42.97m 13/09/2013 Rhys Stein, M.C.S. C C C					
Name	Age	Team		Finals	
1 Stein, Rhys	17	M.C.S. C C C		42.97m	New Record
2 Brown, Jake	17	Parramatta C C C		38.86m	
3 Mackay, Corey	17	Parramatta C C C		38.15m	
4 Pele, Evander	17	C.B.S.A. C C C		33.27m	
5 Wilkinson, James	17	Broken Bay C C C		30.23m	
6 Maxwell, Brenden	17	Canberra Goul C C C		27.95m	
-- Russoniello, Joshua	17	Wollongong C C C			ND

CCC 2013 - 13/09/2013

SOPAC

Results

Event 146 Girls 17 Years Discus Throw

CCC: R 40.78m 13/09/2013 Paletina Lemi, Parramatta C

Name	Age	Team	Finals
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1	Lemi, Paletina	17	Parramatta C C C	40.78m	New Record
2	Bergfield, Madeline	17	Broken Bay C C C	40.74m	
3	Greentree, Ashley	17	Maitland New C C C	29.49m	
4	Tuipulotu, Ane	17	Southern Sydney	25.85m	
5	Kelly, Freya	17	C.G.S.S.S.A. C C C	25.82m	
6	Starr, Annobel	17	Lismore C C C	25.15m	
7	Dean, Alana	17	S.C.C. C.C.C.	24.14m	
8	Kidd, Emerson	17	Canberra Goul C C C	22.26m	

Event 147 Boys 18-19 Javelin Throw

CCC: R 49.56m 13/09/2013 Owen Murray, M.C.S. C C C

Name	Age	Team	Finals
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1	Murray, Owen	18	M.C.S. C C C	49.56m	New Record
2	Fertante, Frankie	17	C.B.S.A. C C C	41.17m	
3	McBriarty, Luke	18	Wollongong C C C	40.15m	
4	Fitzpatrick, Ben	18	Lismore C C C	39.82m	

Event 148 Girls 18-19 Javelin Throw

CCC: R 29.74m 13/09/2013 Nichola Tompkins, Broken Bay

Name	Age	Team	Finals
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1	Tompkins, Nichola	18	Broken Bay C C C	29.74m	New Record
2	Pershhouse, Courtney	18	Wollongong C C C	26.02m	
3	Akuma, Clare	18	Maitland New C C C	24.13m	
4	Lane, Danita	18	Bath Wil Forb C C C	22.12m	
5	Stevenson, Christie	18	Parramatta C C C	19.00m	

Event 149 Boys 13 Years Long Jump

CCC: R 6.05m 2005 Chris Knight, Maitland/Newcas

Name	Age	Team	Finals
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1	Patricks, Cooper	13	Lismore C C C	5.28m	
2	Makki, Aku	13	M.C.S. C C C	5.26m	
3	Tria, Jonathan	13	Parramatta C C C	5.15m	
4	Mazando, Kudai	13	C.B.S.A. C C C	5.05m	
5	Mather, Brady	13	Armidale C C C	4.99m	
6	Dempsey, Jack	13	Broken Bay C C C	4.98m	
7	Vo, Brian	13	Southern Sydney	4.85m	
8	Pitts, Thomas	13	M.C.C. C C C	4.84m	
9	Fisher, Kirtis	13	Wagga Wagga C C C	4.69m	
10	Castles, Ryan	13	Wollongong C C C	4.65m	
11	Glover, Patrick	13	M.C.S. C C C	4.44m	

CCC 2013 - 13/09/2013

SOPAC

Results

Event 150 Girls 13 Years Long Jump

CCC: R 5.39m 2008 Alison Ruse, Parramatta

Name	Age	Team	Finals
1 Cains, Lily	13	Maitland New C C C	5.09m
2 Jeffrey, Laura	13	Armidale C C C	4.71m
3 Stanberg, Jasmine	13	Canberra Goul C C C	4.67m
4 Rushton, Kailey	13	Parramatta C C C	4.65m
5 Banach, Jade	13	Southern Sydney	4.63m
6 Sovilj, Mercedes	13	Wollongong C C C	4.54m
7 Edgar, Lillie	13	C.G.S.S.S.A. C C C	4.53m
8 Towell, Rylee	13	S.C.C. C.C.C.	4.33m
9 Sinclair, Keely	13	Lismore C C C	4.28m
10 Ostrowski, Lexie	13	Lismore C C C	3.97m

Event 151 Boys 16 Years High Jump

CCC: R 2.08m 16/09/2011 David Snowden, S M C S

Name	Age	Team	Finals
1 Cacharron, Jason	16	M.C.S. C C C	1.89m
2 Jenkins, Tristan	16	Lismore C C C	J1.89m
3 Dobb, Jonathan	16	Broken Bay C C C	1.80m
4 Williams, Stuart	16	M.C.C. C C C	J1.80m
5 Damouras, Andreas	16	C.B.S.A. C C C	1.75m
6 Moxey, Josh	16	Maitland New C C C	J1.75m
7 Henrico, Tristan	16	Parramatta C C C	1.70m
8 Perkins, Connor	16	Wollongong C C C	1.60m
8 Carroll, Tyler	16	Bath Wil Forb C C C	1.60m
10 Robertson, Thomas	16	Canberra Goul C C C	J1.60m

Event 152 Girls 16 Years High Jump

CCC: R 1.72m 18/09/2009 Amy Pejkovic, Broken Bay

Name	Age	Team	Finals
1 Russell, Lauren	16	Parramatta C C C	1.62m
2 Nandan, Charbella	16	S.C.C. C.C.C.	1.59m
3 Newey, Lara	16	Parramatta C C C	1.56m
4 Morley, Nicole	16	Wollongong C C C	1.50m
5 Jaeger, Lucy	16	Armidale C C C	1.45m
6 O'Connell, Bridget	16	C.G.S.S.S.A. C C C	1.35m
6 Malone, Alyssa	16	Lismore C C C	1.35m
8 Sroba, Michelle	16	Broken Bay C C C	J1.35m
9 Barnes, Olivia	16	Maitland New C C C	J1.35m

Event 153 Boys Triple Jump

CCC: R 14.29m 2006 Robert Falchi, Parramatta

Name	Age	Team	Finals
1 Fakiye, Emmanuel	16	M.C.S. C C C	14.04m
2 Bassil, James	16	M.C.C. C C C	13.77m
3 Cashman, Liam	17	Southern Sydney	12.95m
4 Kelly, Tyler	16	Maitland New C C C	12.82m
5 Dobb, Jonathan	16	Broken Bay C C C	12.64m
6 McBriarty, Luke	18	Wollongong C C C	12.24m
7 Griffin, Ryan	16	Bath Wil Forb C C C	12.21m
8 Harwanek, brendan	18	M.C.S. C C C	12.12m
9 Grimson, Oliver	18	Lismore C C C	11.97m
10 Shalala, James	18	M.C.C. C C C	11.80m
11 Keirle, Declan	17	Lismore C C C	11.62m
12 Sidebottom, Tim	13	Wagga Wagga C C C	10.03m
13 Torpy, Jackson	13	Broken Bay C C C	9.75m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 154 Girls Triple Jump

CCC: R 12.59m 2004		Alyshia House, Wagga Wagga		
Name	Age	Team		Finals
1 Ruse, Melanie	15	Parramatta	C C C	11.31m
2 Clark, Rebecca	17	Broken Bay	C C C	11.23m
3 Garrett, Taylor	15	Parramatta	C C C	10.76m
4 Matthews, Emily	14	Bath Wil Forb	C C C	10.70m
5 Schnabel, Lyndal	15	Southern Sydney		10.57m
6 Parker, Alexandra	14	Wollongong	C C C	10.35m
7 Fisher, Jacinta	16	C.G.S.S.S.A.	C C C	10.23m
8 Twomey, Tannaya	15	Lismore	C C C	10.20m
9 Harbison, Tessa	15	Wagga Wagga	C C C	9.97m
9 Perkins, Sophie	15	Armidale	C C C	9.97m
11 Moro, Isabella	17	Southern Sydney		9.81m
12 Morley, Nicole	16	Wollongong	C C C	9.78m
13 Conroy, Brooke	15	Lismore	C C C	9.68m
14 Neville, Meg	16	Wagga Wagga	C C C	9.33m
15 Cains, Lily	13	Maitland New	C C C	9.24m
16 Kidd, Emerson	17	Canberra Goul	C C C	8.92m

Event 155 Boys 14 Years Shot Put

CCC: R 16.87m 2003		Emmanuel Fuamatu, MCS		
Name	Age	Team		Finals
1 Toamotu, Pita	14	M.C.C.	C C C	15.41m
2 Da Silva Harisis, Bill	14	C.B.S.A.	C C C	12.00m
3 Martyn, Andrew	14	Lismore	C C C	11.70m
4 Cates, Maxwell	14	Maitland New	C C C	11.49m
5 Luxford, Cohen	14	Wollongong	C C C	10.18m
6 Purcell, Matthew	14	Bath Wil Forb	C C C	10.12m
7 Squire, Thomas	14	Southern Sydney		9.18m

Event 156 Girls 14 Years Shot Put

CCC: R 13.72m 14/09/2012		Grace Robinson, S S C C		
Name	Age	Team		Finals
1 Broadhead, Olivia	14	Parramatta	C C C	11.51m
2 Spencer, Leslie	14	C.G.S.S.S.A.	C C C	9.80m
3 Burchell, Shannon	14	S.C.C.	C.C.C.	9.78m
4 Payne, Phoebe	14	Maitland New	C C C	9.70m
5 Chaney, Nicole	14	Broken Bay	C C C	9.51m
6 Tuineau, Maddison	14	Bath Wil Forb	C C C	9.50m
7 Parker, Alexandra	14	Wollongong	C C C	9.32m
8 Cruickshank, Siarra	14	Armidale	C C C	9.14m
9 Vodiciar, Jane	14	Southern Sydney		7.70m
10 Cheshire, Phoebe	14	Canberra Goul	C C C	7.17m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 157 Boys 16 Years Discus Throw

CCC: R 49.93m 2005		Emmanuel Fuamatu, MCS		
Name	Age	Team		Finals
1 Youssef, Hadi-Peter	16	M.C.C.	C C C	41.65m
2 Zuchetto, Paul	16	Canberra Goul	C C C	41.28m
3 Argall, Daniel	16	Maitland New	C C C	35.50m
4 Uele, Faatui	16	Parramatta	C C C	33.15m
5 Wilson, Samuel	16	Wollongong	C C C	31.81m
6 Singleton, denzel	16	M.C.S.	C C C	31.01m
7 Poulivaati, Lashaun	16	C.B.S.A.	C C C	28.97m
8 Searle, Alex	16	Broken Bay	C C C	27.79m
9 Gibbons, Jackson	16	Southern Sydney		26.84m

Event 158 Girls 16 Years Discus Throw

CCC: R 45.32m 2006		Lomana Fagatui, Wollongong		
Name	Age	Team		Finals
1 Stikovic, Jessica	16	Southern Sydney		37.90m
2 Newton, Alysha	16	Parramatta	C C C	32.83m
3 Harrison, Dayna	16	Lismore	C C C	31.57m
4 Minutolo, Tania	16	C.G.S.S.S.A.	C C C	30.96m
5 Inzitari, Katrina	16	Wollongong	C C C	22.56m
6 Waters, Georgia	16	Bath Wil Forb	C C C	21.80m
7 Beringer, Maddison	16	Broken Bay	C C C	21.34m
8 Wilson, Emily	16	S.C.C.	C.C.C.	21.12m
9 Koote, Daina	16	Canberra Goul	C C C	18.42m
-- McCann, Brodie	16	Maitland New	C C C	ND

Event 159 Boys 17 Years Javelin Throw

CCC: R 64.17m 13/09/2013		Rhys Stein, M.C.S. C C C		
Name	Age	Team		Finals
1 Stein, Rhys	17	M.C.S.	C C C	64.17m New Record
2 Cashman, Liam	17	Southern Sydney		42.68m
3 Grant, Daniel	17	C.B.S.A.	C C C	41.56m
4 Brown, Jake	17	Parramatta	C C C	39.61m
5 Rennie, Jayden	17	Parramatta	C C C	38.60m
6 Giles, Liam	17	Lismore	C C C	36.64m
7 Cates, Jack	17	Maitland New	C C C	33.58m

Event 160 Girls 17 Years Javelin Throw

CCC: R 34.49m 13/09/2013		Madeline Bergfield, Broken B		
Name	Age	Team		Finals
1 Bergfield, Madeline	17	Broken Bay	C C C	34.49m New Record
2 Clark, Rebecca	17	Broken Bay	C C C	33.01m
3 Brown, Levi	17	Lismore	C C C	31.85m
4 Dean, Alana	17	S.C.C.	C.C.C.	30.68m
5 Pace, Jessica	17	Wollongong	C C C	30.56m
6 Kidd, Emerson	17	Canberra Goul	C C C	26.49m
7 Tuipulotu, Ane	17	Southern Sydney		23.73m
8 Langi, Luisa	17	C.G.S.S.S.A.	C C C	22.18m
9 Dray, Rachael	17	Parramatta	C C C	21.16m
10 Di Fabrizio, Meghan	17	Parramatta	C C C	21.13m
11 Greentree, Ashley	17	Maitland New	C C C	18.93m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 161 Boys 12 Years Long Jump

CCC: R 5.22m 1997 Mitchell Heterick, MCS

Name	Age	Team	Finals
1 Cunningham, Thomas	12	Maitland New C C C	5.00m
2 Fraser, Josh	12	M.C.S. C C C	4.99m
3 Hile, Brodie	12	Parramatta C C C	4.79m
4 Pimentel, Bailey	12	Southern Sydney	4.76m
5 Dwyer, Joshua	12	Lismore C C C	4.64m
6 Pascual, Dezso	12	C.B.S.A. C C C	4.51m
7 McCormack, Harry	12	Canberra Goul C C C	4.46m
8 Colosimo, Andrew	12	M.C.S. C C C	4.45m
9 Naprawski, Brandon	12	Broken Bay C C C	4.28m
10 Bennett, William	12	Bath Wil Forb C C C	4.23m
11 Duong, Jonathan	12	Wollongong C C C	4.11m
12 Harrington, Lachlan	12	Canberra Goul C C C	3.99m
13 Maggs, Will	12	Armidale C C C	3.64m

Event 162 Girls 12 Years Long Jump

CCC: R 5.19m 2004 Laura Turner, Southern Sydney

Name	Age	Team	Finals
1 Mohi, Kobi	12	C.G.S.S.S.A. C C C	4.66m
2 Marabello, Alyssa	12	Southern Sydney	4.43m
3 Pianta, Kate	12	Armidale C C C	4.40m
4 Burke, Melinda	12	Lismore C C C	4.25m
5 Wilson, Kelly	12	S.C.C. C.C.C.	4.21m
6 Reeve, Zoe	12	Lismore C C C	J4.21m
7 Perkins, Eliza	12	Armidale C C C	4.15m
8 Semple, Lauren	12	Wollongong C C C	4.02m
9 Giles, Eliza	12	Broken Bay C C C	3.94m
10 Deng, Jeg	12	Parramatta C C C	3.88m
11 Miller, Annie	12	Bath Wil Forb C C C	3.65m
12 Simpson, Lauren	12	Broken Bay C C C	3.60m
13 Heffernan, Jaimee	12	Wagga Wagga C C C	3.37m
-- Thomas, Dakota	12	Maitland New C C C	ND

Event 163 Boys 12-15 Long Jump AWD

Name	Age	Team	Finals
1 Bright (T 40 / 41), Roha	15	Broken Bay C C C	J3.15mR 107%
2 Fensling T/F20, Jhye	13	Lismore C C C	J3.30mR 52%
3 Walker T20, Max	13	Southern Sydney	2.93m 46%
4 Becker, Travis	15	Wollongong C C C	2.84m 45%
5 Parkinson T/F20, Joshua	14	Lismore C C C	2.81m 44%
6 Bonsembiante, Xavier	13	Canberra Goul C C C	1.31m 21%

CCC 2013 - 13/09/2013

SOPAC

Results

Event 164 Girls 12-15 Long Jump AWD

Name	Age	Team	Finals
1 Salmon T/F35, Carly	14	Wagga Wagga C C C	J3.33m 166%
2 Walsh T/F44, Sarah	15	Southern Sydney	J3.91mR 94%
3 Maloney Tf20, Krystal	14	Parramatta C C C	J3.59m 74%
4 Liddy (T20), Juliet	14	Broken Bay C C C	2.85m 59%
5 Hunter T/F20, Maddison	15	Lismore C C C	2.64m 55%
6 Thorne, Sophie	15	Wollongong C C C	J1.99m 50.8%
7 De Bruyn TF 20, Rachel	14	Wollongong C C C	J2.45m 50.72%
8 Hester (T20), Ellen	15	Broken Bay C C C	J2.20m 46%
9 Jackson T/F20, Cassandra	13	Lismore C C C	1.90m 39%
10 Filocamo T/F20, Jessica	14	C.G.S.S.S.A. C C C	1.80m 37%
11 Withers T21, Taj	13	Southern Sydney	1.27m 26%

Event 165 Boys 16+ Long Jump AWD

Name	Age	Team	Finals
1 Jennings T35, Daniel	16	M.C.C. C C C	J3.40mR 78%
2 Cameron (B3), Matthew	16	Maitland New C C C	J4.80mR 76%
3 Mackintosh T20, Kyle	15	Southern Sydney	J4.13mR 65%
4 Christiansen T/F37, Mitc	16	Lismore C C C	3.32m 63%

Event 166 Girls 16+ Long Jump AWD

Name	Age	Team	Finals
1 Smith (T20), Katelyn	17	Broken Bay C C C	2.58mR 53%
2 Grunwald (T20), Tegan	18	Broken Bay C C C	2.07m 42%

Event 167 Boys 15 Years High Jump

CCC: R 2.00m 17/09/2010 David Snowden, M C S

Name	Age	Team	Finals
1 Toole, Mathew	15	Bath Wil Forb C C C	1.91m
2 Lucas, Joshua	15	Southern Sydney	1.82m
3 Clarke, Dylan	15	Lismore C C C	1.79m
4 Townsend, Reece	15	M.C.C. C C C	1.73m
5 Cummins, Alexander	15	Parramatta C C C	1.65m
6 Zabala, Daniel	15	C.B.S.A. C C C	J1.65m
7 Rallings, Jake	15	Wollongong C C C	J1.65m
8 Crombie, Jack	15	Broken Bay C C C	1.60m
9 Rodricks, Braeden	15	M.C.S. C C C	1.50m

Event 168 Girls 15 Years High Jump

CCC: R 1.69m 16/09/2011 Becky Clark, S B R O

Name	Age	Team	Finals
1 Marron, Lucy	15	Wollongong C C C	1.63m
2 Brown, Karina	15	Broken Bay C C C	1.60m
3 Bloor, Sienna	15	Canberra Goul C C C	1.55m
4 Schnabel, Lyndal	15	Southern Sydney	J1.55m
5 Missio, Emma-Jane	15	Parramatta C C C	J1.55m
6 Harre, Sarah	15	Lismore C C C	J1.55m
7 Sutherland, Annalise	15	C.G.S.S.S.A. C C C	1.50m
7 Slowikowski, Kasia	15	Southern Sydney	1.50m
9 Towell, Laura	15	S.C.C. C.C.C.	J1.50m
10 Tilse, Mikaela	15	Maitland New C C C	1.30m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 169 Boys 13 Years Shot Put

CCC: R 16.77m 2002 Emmanuel Fuamatu, MCS

Name	Age	Team	Finals
1 Brown-Vaelua, E J	13	M.C.S. C C C	14.33m
2 Hreszczuk, Vincent	13	M.C.S. C C C	14.07m
3 Ohmer, Donald	13	C.B.S.A. C C C	14.01m
4 O'Shanessy, Riley	13	Canberra Goul C C C	12.32m
5 Davis, Charlie	13	Southern Sydney	11.88m
6 Richardson, William	13	Bath Wil Forb C C C	11.20m
7 Dhiman, Raghav	13	Parramatta C C C	10.75m
8 Walker, Lachlan	13	Broken Bay C C C	9.98m
9 Taufa, Sione	13	M.C.C. C C C	9.75m
10 Streamer, Henry	13	Wollongong C C C	9.28m

Event 170 Girls 13 Years Shot Put

CCC: R 13.33m 2008 Filoi Aokusu, Parramatta

Name	Age	Team	Finals
1 Black, Tayla	13	Parramatta C C C	11.92m
2 Ritchie, Josephine	13	Broken Bay C C C	10.60m
3 Dimon, Alexis	13	Southern Sydney	10.25m
4 McIntyre, Maddison	13	Wagga Wagga C C C	9.30m
5 Ryan, Jessica	13	Bath Wil Forb C C C	9.24m
6 Kilisimasi, Malanata	13	C.G.S.S.S.A. C C C	8.80m
7 Penfold, Tiffany	13	Canberra Goul C C C	8.75m
8 Petre, Ebony	13	Wollongong C C C	8.45m
9 Whitehead, Genevieve	13	Armidale C C C	7.36m

Event 171 Boys 18-19 Discus Throw

CCC: R 37.05m 13/09/2013 Nathan Kendall, Southern Syd

Name	Age	Team	Finals
1 Kendall, Nathan	18	Southern Sydney	37.05m New Record
2 Geary, Marcus	18	Lismore C C C	34.56m
3 McAllister, Jai	18	Maitland New C C C	29.13m
4 Toleafoa, Michael	18	C.B.S.A. C C C	23.60m

Event 172 Girls 18-19 Discus Throw

CCC: R 28.90m 13/09/2013 Nichola Tompkins, Broken Bay

Name	Age	Team	Finals
1 Tompkins, Nichola	18	Broken Bay C C C	28.90m New Record
2 Lane, Danita	18	Bath Wil Forb C C C	26.93m
3 Edgar, Carrie	17	C.G.S.S.S.A. C C C	21.87m
4 Akuma, Clare	18	Maitland New C C C	21.81m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 173 Boys 16 Years Javelin Throw

CCC: R 57.30m 14/09/2012 Rhys Stein, S M C S

Name	Age	Team	Finals
1 Morris, Frank	16	Broken Bay C C C	48.07m
2 Argall, Daniel	16	Maitland New C C C	45.68m
3 Bowen, Sam	16	Bath Wil Forb C C C	43.62m
4 Jenkins, Tristan	16	Lismore C C C	41.26m
5 Zuchetto, Paul	16	Canberra Goul C C C	38.39m
6 Owens, Jake	16	C.B.S.A. C C C	38.04m
7 Mazar, Nicholas	16	M.C.S. C C C	37.77m
8 Woodley, Patrick	16	Wollongong C C C	36.53m
9 Manion, Micah	16	Southern Sydney	33.40m
10 Taief, Daief	16	Southern Sydney	27.34m

Event 174 Girls 16 Years Javelin Throw

CCC: R 41.62m 2001 Samantha Pearson, Parramatta

Name	Age	Team	Finals
1 Mentis, Marissa	16	Parramatta C C C	36.49m
2 Fisher, Jacinta	16	C.G.S.S.S.A. C C C	32.99m
3 McCann, Brodie	16	Maitland New C C C	30.70m
4 Wilson, Emily	16	S.C.C. C.C.C.	30.50m
5 Sorensen, Bridgette	16	Bath Wil Forb C C C	26.08m
6 Harrison, Dayna	16	Lismore C C C	25.02m
7 Dimon, Monica	16	Southern Sydney	21.99m
8 Maxwell, Samantha	16	Canberra Goul C C C	21.34m
9 Beringer, Maddison	16	Broken Bay C C C	19.56m
10 Molloy, Abby	16	Wagga Wagga C C C	18.35m
11 Wilkins, Brooke	16	Wollongong C C C	14.98m

Event 175 Boys 14 Years Long Jump

CCC: R 6.31m 16/09/2011 Joshua Parkinson, S B R O

Name	Age	Team	Finals
1 Hain, Sam	14	M.C.S. C C C	5.73m
2 Adutwum, Frederick	14	Parramatta C C C	5.67m
3 Roberts, Dylan	14	Canberra Goul C C C	5.55m
4 Holmes, Tyson	14	Broken Bay C C C	5.31m
5 Tedjasendjaja, Jason	14	C.B.S.A. C C C	5.23m
6 Smede, Jacob	14	Bath Wil Forb C C C	5.21m
7 Kumar, Rajat	14	Wollongong C C C	5.14m
8 Palmer, Logan	14	Lismore C C C	4.93m
9 Palombo, Scott	14	Armidale C C C	4.77m
10 Argall, Joshua	14	Maitland New C C C	4.74m
-- Bowen, Cooper	14	Southern Sydney	ND

Event 176 Girls 14 Years Long Jump

CCC: R 5.58m 18/09/2009 Melissa Farrington, CGSSSA

Name	Age	Team	Finals
1 Parker, Alexandra	14	Wollongong C C C	4.93m
2 Calleia, Sherrie	14	Parramatta C C C	4.69m
3 Breen, Ruby	14	C.G.S.S.S.A. C C C	4.68m
4 Youssef, Denise	14	S.C.C. C.C.C.	4.65m
5 Matthews, Emily	14	Bath Wil Forb C C C	4.58m
6 Stevens-Hofer, Breyana	14	Broken Bay C C C	4.46m
7 Fuller, Carly	14	Lismore C C C	4.29m
8 Tynan, Bailie	14	Maitland New C C C	4.21m
9 Duffy, Lana	14	Wagga Wagga C C C	3.97m
10 Meppem, Charlotte	14	Armidale C C C	3.73m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 177 Boys 12 Years High Jump

CCC: R 1.68m 2002		Michael Cox, Bath/Wil/Forb	
Name	Age	Team	Finals
1 Dwyer, Joshua	12	Lismore C C C	1.46m
2 Mataio, Brandon	12	M.C.S. C C C	1.43m
3 Naprawski, Brandon	12	Broken Bay C C C	1.35m
4 Cass, Mason	12	Southern Sydney	J1.35m
5 Brown, Eric	12	Canberra Goul C C C	J1.35m
6 Walker, Jack	12	Wollongong C C C	J1.35m
-- Churchill, Bradley	12	Parramatta C C C	NH
-- Leasaguis, James	12	C.B.S.A. C C C	NH
-- Maola, Sione	12	M.C.C. C C C	NH
-- Farr, Jesse	12	Maitland New C C C	NH

Event 178 Girls 12 Years High Jump

CCC: R 1.62m 2004		Laura Turner, Southern Sydney	
Name	Age	Team	Finals
1 Thomas, Dakota	12	Maitland New C C C	1.50m
2 Perkins, Eliza	12	Armidale C C C	1.44m
3 Pianta, Kate	12	Armidale C C C	J1.44m
4 Burke, Melinda	12	Lismore C C C	1.38m
5 Samrani, Lauren	12	C.G.S.S.S.A. C C C	1.35m
6 Kernic, Olivia	12	Broken Bay C C C	1.30m
6 Carroll, Lucy	12	Wagga Wagga C C C	1.30m
8 Heffernan, Jaimee	12	Wagga Wagga C C C	J1.30m
9 Marsh, Hannah	12	Bath Wil Forb C C C	1.25m
10 Cavar, Anika	12	S.C.C. C.C.C.	J1.25m
10 Davey, Emma	12	Wollongong C C C	J1.25m
12 Hocking, Emily	12	Canberra Goul C C C	1.20m

Event 179 Boys 17 Years Shot Put

CCC: R 13.44m 13/09/2013		Nazeg Nazarian, M.C.S. C C	
Name	Age	Team	Finals
1 Nazarian, Nazeg	17	M.C.S. C C C	13.44m New Record
2 Brown, Jake	17	Parramatta C C C	12.78m
3 Cates, Jack	17	Maitland New C C C	12.43m
4 Michaels, Andrew	17	C.B.S.A. C C C	11.59m
5 Russoniello, Joshua	17	Wollongong C C C	11.10m
6 Maxwell, Brenden	17	Canberra Goul C C C	11.05m
7 Wilkinson, James	17	Broken Bay C C C	10.13m

Event 180 Girls 17 Years Shot Put

CCC: R 13.27m 13/09/2013		Paletina Lemi, Parramatta C	
Name	Age	Team	Finals
1 Lemi, Paletina	17	Parramatta C C C	13.27m New Record
2 Starr, Annobel	17	Lismore C C C	12.17m
3 Bergfield, Madeline	17	Broken Bay C C C	12.12m
4 Tuipulotu, Ane	17	Southern Sydney	10.79m
5 Greentree, Ashley	17	Maitland New C C C	10.44m
6 Woods, Emma	17	C.G.S.S.S.A. C C C	9.13m
7 Royle, Satynn	17	Wagga Wagga C C C	8.62m
8 Kidd, Emerson	17	Canberra Goul C C C	8.11m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 181 Boys 15 Years Discus Throw

CCC: R 59.71m 13/09/2013 Giacomo Pippo, Lismore C C C

Name	Age	Team	Finals
1 Pippo, Giacomo	15	Lismore C C C	59.71m Record
2 Starr, Elliott	15	Lismore C C C	48.28m
3 Nies, Luke	15	Southern Sydney	44.49m
4 Brown-Vaelua, Cyrus	15	M.C.S. C C C	44.00m
5 Headon-Doidge, Jacob	15	Wagga Wagga C C C	39.98m
6 Eggins, Richard	15	Bath Wil Forb C C C	38.25m
7 Hardy, Justin	15	Broken Bay C C C	36.60m
8 Taouk, Tony	15	C.B.S.A. C C C	36.39m
9 Ray, Samuel-Lee	15	Parramatta C C C	35.93m
10 Cantor, Taiga	15	Maitland New C C C	30.82m
11 Poniris, Christian	15	M.C.C. C C C	28.49m
12 Ward, Jordan	15	Wollongong C C C	27.16m

Event 182 Girls 15 Years Discus Throw

CCC: R 45.40m 17/09/2010 Filoi Aokuso, Parramatta

Name	Age	Team	Finals
1 Rotunno, Emily	15	Parramatta C C C	34.29m
2 Robinson, Grace	15	S.C.C. C.C.C.	34.14m
3 Brennan, Laikan	15	Bath Wil Forb C C C	27.02m
4 LoMonaco, Taylor	15	Lismore C C C	26.29m
5 Taukamo, Monique	15	C.G.S.S.S.A. C C C	24.64m
6 MacPherson, Brianna	15	Armidale C C C	24.41m
7 Harre, Sarah	15	Lismore C C C	24.30m
8 McIntosh, Sarah	15	Broken Bay C C C	23.10m
9 Schnabel, Lyndal	15	Southern Sydney	21.31m
10 Jardim, India	15	Wollongong C C C	18.27m

Event 183 Boys 14 Years High Jump

CCC: R 1.90m 18/09/2009 David Snowden, MCS

Name	Age	Team	Finals
1 Bell, Hayden	14	Maitland New C C C	1.75m
2 Holmes, Tyson	14	Broken Bay C C C	1.69m
3 Smede, Jacob	14	Bath Wil Forb C C C	1.63m
4 Ousmand, Dylan	14	M.C.S. C C C	J1.63m
5 Cibeil, Gianluca	14	C.B.S.A. C C C	1.60m
6 De Sousa, Cooper	14	M.C.S. C C C	1.55m
7 McCann, Sam	14	Canberra Goul C C C	J1.55m
8 Keogh, Patrick	14	Wollongong C C C	J1.55m
9 Nugent, Cooper	14	Lismore C C C	J1.55m
-- Rooke, Alex	14	Southern Sydney	NH

Event 184 Girls 14 Years High Jump

CCC: R 1.76m 2007 Amy Pejkoivic, Broken Bay

Name	Age	Team	Finals
1 Smith, Lillian	14	Broken Bay C C C	1.56m
2 Parker, Alexandra	14	Wollongong C C C	1.53m
3 Richards, Chloe	14	Bath Wil Forb C C C	1.50m
4 Duffy, Lana	14	Wagga Wagga C C C	1.45m
5 Breen, Ruby	14	C.G.S.S.S.A. C C C	J1.45m
6 Calleia, Sherrie	14	Parramatta C C C	1.40m
7 Marzol, Paris	14	Southern Sydney	1.35m
8 Meppem, Charlotte	14	Armidale C C C	1.25m

CCC 2013 - 13/09/2013

SOPAC

Results

Event 185 Boys 18-19 Long Jump

CCC: R 6.14m 13/09/2013 Elliot Jennings, Maitland New

Name Age Team Finals

1	Jennings, Elliot	18	Maitland New C C C	6.14m	New Record
2	Grimson, Oliver	18	Lismore C C C	6.01m	
3	Shalala, James	18	M.C.C. C C C	5.83m	
4	Maric, Roko	18	C.B.S.A. C C C	5.40m	

Event 186 Girls 18-19 Long Jump

CCC: R 5.11m 13/09/2013 Brooke Kirk, Parramatta C C C

Name Age Team Finals

1	Kirk, Brooke	18	Parramatta C C C	5.11m	New Record
2	Phillips, Kate	18	C.G.S.S.S.A. C C C	4.61m	
3	Musgrove, Ashlea	18	Maitland New C C C	4.57m	
4	Dibley, Mary	18	Lismore C C C	4.54m	
5	O'Shea, Julia	18	Bath Wil Forb C C C	4.43m	