



RUGBY UNION BOYS AND GIRLS SELECTIONS - POLDING

The primary focus of these selections is to select a Polding Team and provide the pathway for our students to NSWPSA level.

| | | |
|-------------------------|--|--|
| 1. General Rules | | Refer to NSWCPS General Rules >>> |
|-------------------------|--|--|

| | | | |
|-----------------------|----------|----------|---|
| 2. Eligibility | 1 | a | Students enter through the Diocesan pathway in a Diocesan team. |
| | | b | Diocesan entries - <ul style="list-style-type: none"> ● Armidale ● Bathurst ● Broken Bay ● Lismore ● Maitland Newcastle ● Wilcannia Forbes |
| | 2 | a | Boys and girls turning 11 - 12 in year of the competition are eligible at the discretion of their Diocese. |
| | | b | Students turning 10 must have an Age grade player dispensation form completed by a coach or development officer. Age exemptions must be completed as per policy and submitted to Diocesan Coordinator prior to the event. |
| | | c | Principal consent is required for any student to attend selections. |
| | | d | NSWCPS adheres to the Rugby Australia Age-Size Policy. Students must fall within either the height or weight parameters of the Rugby Australia size for age guidelines . |
| | | e | Each Diocesan team will consist of a minimum 18 and Maximum of 22 players. |

| | | | |
|----------------------------------|----------|----------|--|
| 3. Uniform & Footwear | 1 | a | <p>i) Students are to play in the correct Diocesan attire.</p> <p>ii) Numbered Diocesan jerseys will be distributed on the day and each player is to remain in that jersey for the duration of the trial.</p> <p>iii) Armidale - red, blue and white Bathurst - bottle green and white Broken Bay - royal blue and white Lismore - black and white Maitland Newcastle - emerald green and white Wilcannia Forbes - green and gold</p> |
| | | b | No Polding, MacKillop, NSWPSA or rep uniform may be worn. |
| | | c | Boots with aluminium studs, moulded rubber soles or blades are acceptable. Boots with screw-in Nylon Studs are not allowed. Studs must not be longer than 21mm and must not have any ridges, burring or sharp edges. |
| | | d | Students must provide their own compulsory mouthguard & other safety equipment. Students should be encouraged to wear head gear designed primarily to protect their ears and head against abrasions and cuts. Shoulder pads and chest pads can also be worn. All protective gear worn in competition must have the IRB Approved Mark. ASK NSW Department Of Education Guidelines and Policies. |

| | | | |
|--|--|--|---|
| | | | <p>In addition, and in accordance with IRB Law 4</p> <ul style="list-style-type: none"> Girls may wear cotton blend long tights, with a single inside leg seam under their shorts and socks. |
|--|--|--|---|

| | | | |
|---------------------|----------|----------|--|
| 4. Officials | 1 | a | <p>i) Students are to report to the nominated Diocesan Team Manager on arrival and before departure.</p> <p>ii) Any enquiries during the selections should be directed to the Diocesan Team Manager.</p> |
| | 2 | a | Games are to be officiated by suitably qualified match officials - referees. |
| | | b | Secondary Student officials' pathway opportunities are available. Please refer to CSNSW Sport portal for further information. |

| | | | |
|-------------------|----------|----------|--|
| 5. Medical | 1 | a | A designated first aid officer must be in attendance and visible, equipped with a medical kit and ice. |
| | | b | Physiotherapy & taping services will not be provided at selections by the designated first aid officer. |
| | | c | It is the responsibility of the parent/guardian to inform team management of any current or ongoing medical condition or injury which may affect participation at the trials. |
| | | d | Players should ensure that they have an adequate level of hydration before, during and after the game or training session. |
| | | e | Students participating at outdoor venues are to be instructed to use adequate sun protection, e.g. an SPF50+, broad spectrum, water resistant sunscreen reapplied regularly and a hat where appropriate. |
| | | f | <p>i) It is the responsibility of the parent/guardian to inform team management of any concussion recently sustained.</p> <p>ii) Any student who has sustained a recent concussion injury may not return to contact/collision activities until the resolution of all symptoms.</p> <p>iii) Each sport may have specific guidelines from the National Sport Organisation in relation to returning to play after a concussion. For further information refer to Sports Medicine Australia</p> <p>iv) A medical clearance must be provided to your Diocesan Representative prior to the Polding selections.</p> |

| | | | |
|-----------------|----------|----------|--|
| 6. Venue | 1 | a | A minimum of 1 Rugby Union field clearly marked in accordance with the rule. |
|-----------------|----------|----------|--|

| | | | |
|------------------|----------|----------|---|
| 7. Format | 1 | a | <p>COMPULSORY TRAINING SESSION SUNDAY PRIOR TO TRIAL</p> <p>A suggested timetable: 2.30 – 3.30pm NSW Rugby Union Coaching Session for all players 3.30 – 4.30pm Diocesan team training session</p> |
| | 2 | a | <p>POLDING RUGBY UNION TRIAL</p> <p>A suggested timetable:</p> |

| | | | |
|--|--|----------|--|
| | | | 8.45am Welcome & Induction 9.00am Commencement of round robin 12.15pm Manager meeting and lunch 12.40pm Games resume 1.50pm Team manager meeting 2.10 pm Possible v Probable 2.00 pm Announcement Polding Team 2.15pm Information and uniforms for Polding team members |
| | | b | The duration of games shall be determined by the number of students and weather. The convener reserves the right to alter the program. |
| | | c | No scores shall be kept. |
| | | d | The event program for Polding Rugby Union selections will be available to view on the CSNSW Sport portal approximately 3 days prior to the selections. |

| | | | |
|------------------------------|----------|----------|---|
| 8. Selection criteria | 1 | a | Selection panel to be composed of the appointed Polding Team manager/s and NSW Rugby Development Officers. |
| | | b | Selection panel will liaise and collaborate with Diocesan team officials. |
| | | c | Selection will be based on demonstrated ability on the day of selection. The areas of performance considered are: i) Skills ii) Fitness level iii) Performance of the player as a member of a team iv) Attitude and behaviour of player both on and off the field v) Positions played |
| | | d | Team selections may conclude with Possibles v Probables game. |
| | | e | A paper selection may occur if circumstances arise. |
| | | f | A Polding Rugby Union team of a twenty two (22) students will be selected to represent Polding at the NSW Primary School Sports Association (NSWPSSA) State Championships. |

| | | | |
|----------------------------------|----------|----------|--|
| 9. Rules & Guidelines | 1 | a | Rugby AU Rules will apply. |
| | | b | NSWPSSA exceptions to the rules are <ul style="list-style-type: none"> • No lifting in the lineouts • Scrums are contested, however under no circumstance is the scrum to be pushed more than 1.5 metre. |
| | | c | The maximum playing time for any player is to be 90 minutes in any one day. |

| | | | |
|--------------------|----------|----------|---|
| 10. Weather | 1 | a | In the case of predicted severe inclement weather or a natural disaster: i) in the preceding days of the selection date, the event may be postponed to the scheduled backup date. ii) within 48 hours of the scheduled selection date, every effort will be made to conduct the selections, whether this be transferred to an indoor venue or in a modified format. |
|--------------------|----------|----------|---|

| | | | |
|----------------------------|----------|----------|---|
| 11. Code of Conduct | 1 | a | All players, officials and spectators must abide by the CSNSW Sport Code of Conduct . |
|----------------------------|----------|----------|---|

| | | | |
|--------------------------------------|----------|----------|---|
| 12. Privacy & Photography | 1 | a | <p>i) Media exposure at this event may result in your child's name, school details and/or photograph appearing in media forms or on websites including Diocesan and CSNSW Sports portal promoting sport in Catholic schools.</p> <p>ii) If you have a concern with this occurring, please contact your Diocesan representative immediately.</p> |
|--------------------------------------|----------|----------|---|

DRAFT