

## NSWCPS RUGBY UNION - SELECTIONS OPERATIONAL GUIDELINES

1. General Rules			Refer to <u>NSWCPS General Rules</u>
2. Event Requirements	1	a	<ul> <li>Venue</li> <li>A minimum of 1 Rugby Union field clearly marked in accordance with the rules.</li> <li>Each field requires goal posts with padding at each end of the field and corner posts.</li> <li>Bunting is placed as a barrier on both sides of the field.</li> <li>Room accessible for staff - lunch, selection discussions.</li> <li>Catering available for Officials and Team Managers.</li> <li>Canteen and coffee cart if available. If a canteen is not available this information is to be included in diocesan information packs indicating that students will be required to supply their own food.</li> <li>Adequate parking. A traffic management plan made available if needed.</li> </ul>
		b	Officials i) Officials to be sourced from NSW Rugby Union. Development officers from each district. ii) Referees sourced from NSW Rugby Union x 8. iii) Polding Team Managers x 2. iv) Diocese are required to provide adequate supervision for their Diocesan players. At least one manager must have the compulsory minimum requirement of Smart Rugby qualifications.
		C	<ul> <li>First Aid <ol> <li>A designated first aid officer must be in attendance and be visible. A first aid officer should be equipped with ice and medical supplies including for the treatment of asthma and anaphylaxis.</li> <li>Physiotherapy &amp; taping services will not be provided at selections by the designated first aid officer.</li> <li>First aid officer to be informed of any students at high risk by Team Manager.</li> <li>Diocesan Team Managers should access the medical information on each student from the CSNSW website.</li> <li>Players should ensure that they have an adequate level of hydration before, during, and after the game or training session.</li> <li>Students participating at outdoor venues are to be instructed to use adequate sun protection, e.g. an SPF50+, broad spectrum, water resistant sunscreen reapplied regularly and a hat where appropriate.</li> </ol></li></ul> <li>Concussion <ul> <li>It is the responsibility of the parent/guardian to inform team management of any concussion recently sustained.</li> <li>Any student who has sustained a recent concussion injury may not return to</li> </ul> </li>

	contact/collision activities until the resolution of all symptoms. iii) Each sport may have specific guidelines from the National Sport Organisation in relation to returning to play after a concussion. For further information refer to <u>Sports Medicine Australia</u> iv) A medical clearance must be provided to your Diocesan Representative prior to the Polding selections.
d	<ul> <li>Eligibility <ul> <li>i) Students must be enrolled in a CSNSW Sport affiliated school.</li> <li>ii) Students must progress through the Diocesan pathway.</li> </ul> </li> <li>iii) Diocesan entries - <ul> <li>Armidale - red, blue and white.</li> <li>Bathurst - bottle green and white.</li> <li>Broken Bay - royal blue and white.</li> <li>Lismore - black and white.</li> <li>Maitland Newcastle -emerald green and white.</li> <li>Wilcannia Forbes - green and gold.</li> </ul> </li> <li>iv) Boys and girls turning 11 - 12 in the year of the competition are eligible only. No dispensations permitted.</li> <li>vi) NSWCPS adheres to the Rugby Australia Age-Size Policy. Students must fall within either the height or weight parameters of the <u>Rugby Australia size for age quidelines.</u></li> <li>vi) Each Diocesan team will consist of a minimum 18 and maximum of 22 players.</li> <li>vii) Principal consent is required for any student to attend selections.</li> </ul>

3. Event Details	1	a	<b>Date</b> i) Training date - last Sunday of Term Two.
			ii) Selection date - Last Monday of Term Two determined by NSWCPS Council based on availability of venue and calendar.
			iii) Entry Closing Date for Diocese - determined by Convenor (usually 2 weeks prior to event).
	2	a	<b>Registration</b> i) All students selected to represent their Diocese will be progressed to Polding by their Diocese following Diocesan selections.
			ii) Students must register and pay a levy on the CSNSW Sport portal for the Polding Selections with both parent/guardian and Principal consent.
			iii) CSNSW Sport will invoice Dioceses for participant levy after the event.
			iv) Team list will be downloaded from the CSNSW Sport portal by the convenor 2 weeks prior to the trial
	3	a	Format COMPULSORY TRAINING SESSION SUNDAY PRIOR TO TRIAL A suggested timetable: 2.30 – 3.30pm NSW Rugby Union coaching session for all players. 3.30 – 4.30pm Diocesan team training session.
			<ul> <li>i) Suggested timeline-</li> <li><b>POLDING RUGBY UNION TRIAL</b> <ul> <li>8.45am</li> <li>9.00am</li> <li>Commencement of round robin.</li> <li>12.15pm</li> </ul> </li> </ul>

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		<ul> <li>12.40pm Games resume.</li> <li>1.50pm Team manager meeting.</li> <li>2.10pm Possible v Probable.</li> <li>2.30 pm Announcement Polding Team.</li> <li>2.30pm Information and uniforms for Polding team members.</li> </ul>
	b	The duration of games shall be determined by the number of students and weather. The carnival convenor reserves the right to alter the program.
	с	No scores shall be kept.
	d	The event program for Polding Rugby Union selections will be available to view on the CSNSW Sport portal approximately 3 days prior to the selections.
4	a	Equipment
		<ul> <li>4 size 4 rugby match balls provided by development officers.</li> <li>8 pads for posts provided by the club.</li> <li>8 corner posts provided by the club.</li> <li>Bunting and poles provided by development officers.</li> <li>20 witches hats provided by development officers.</li> <li>Sunday training equipment provided by development officers.</li> <li>Timer.</li> <li>Signal horn.</li> <li>Sound system.</li> <li>Speakers.</li> <li>Tables.</li> <li>Source trestles and chairs from Forbes Rugby Club.</li> <li>Safety poles for electric cords.</li> </ul>
	b	Convenor Documentation
		<ul> <li>Polding certificates.</li> <li>Programs x 30.</li> <li>Selectors pack - clipboards, program, team list each team, lunch voucher, possible probable sheets.</li> <li>Managers pack - clipboards, program, team list for each team, 3,2,1 booklet, lunch/morning tea voucher.</li> <li>A3 copies of the draw, A4 copies of the draw.</li> <li>Prayer, acknowledgement, induction, structure of day, selections.</li> <li>Stationery/ utilities pack - blue tac, tape, staples, scissors.</li> <li>Polding and MacKillop paperwork.</li> <li>Risk assessment.</li> <li>Accident report.</li> <li>Record sheet for canteen.</li> <li>First aid signage.</li> </ul>

4. Rules & Guidelines	1	a	The <u>Rugby AU Rules</u> will apply.
		b	The NSWPSSA Rugby Union exception rules are: i) No lifting in the lineouts. ii) Scrums are contested, however under no circumstance is the scrum to be pushed more than 1.5 metre. iii) The maximum playing time for any player is to be 90 minutes in any one day.

5. Selection criteria	1	a	Selection panel to be composed of the appointed Polding Team manager/s and NSW Rugby Development Officers.
		b	Selection panel will liaise and collaborate with Diocesan team officials.
		с	Diocesan managers give 3,2,1 points to the opposing team.
		d	Selection will be based on demonstrated ability on the day of selection.
			The areas of performance considered are:
			i) Skills. ii) Fitness level. iii) Performance of the player as a member of a team. iv) Attitude and behaviour of player both on and off the field. v) Positions played.
		e	Team selections conclude with a Possibles v Probables game.
		f	A paper selection may occur if circumstances arise.
		g	A Polding Rugby Union team of twenty two (22) students will be selected to represent Polding at the NSW Primary School Sports Association (NSWPSSA) State Championships.
		h	The Polding team selected will be progressed by CSNSW staff.

6.Event Compliance Documents	1	a	<ul> <li>Documents available on CSNSW.Sport portal in Staff Resources:</li> <li>Risk assessment and Management:</li> <li>Pre Event Risk Management Checklist.</li> <li>On The Day Risk Checklist.</li> <li>Budget Proforma.</li> <li>Teacher Relief Claim form.</li> <li>Event Officials hobbyist &amp; WWC form.</li> <li>Event Officials claim link</li> <li>Accident form</li> </ul>
		b	<ul> <li>CSNSW Sport Office will provide:</li> <li>Polding certificates.</li> <li>Polding Team Manager appointment notices.</li> <li>Sample Polding Rugby Union uniform for sizing.</li> <li>Polding paperwork.</li> <li>Polding apparel and signage.</li> </ul>

7. Post Event Evaluation	1	Post Event Evaluation >>